

The Midweek

Wednesday, June 2, 2021

Attend One, Serve One

As the Pandemic begins to slow down, Avenue is using the summer to gear up for a (hopefully) regular Fall worship and discipleship schedule. This means we will be re-equipping teams and leaders as we implement a Discipleship Pathway and place a greater emphasis on hospitality on Sunday mornings. This will create more opportunities for you to use your gifts in ministry to help others come to faith and grow as disciples of Jesus Christ.

I want to encourage you to begin thinking about how you can use your gifts on Sunday morning (there will be other opportunities during the week). One way to think about this is to "Attend One, Serve One." You can attend 'your' service while serving at the other service, which allows those at "their" service the opportunity to worship. With this mindset, we can have people from each worship service serving one another!

There are several areas that we are looking for people to serve in.

- **Greeters** First line of hospitality, welcome worshippers, distributing worship folders and communion. Help guests get connected.
- **Ushers** Serves inside the sanctuary. Helps guest find seats, receives the offering, cleans up after worship, and helps guest get connected.
- **Safety Team** This is the Greeter Team with a new name. This team watches over the facility and grounds to care for the health and wellbeing of everyone attending.
- **Connection Team** This is a new area to serve and we're working on a new space for it. This team will serve in the Fellowship Foyer to answer questions and help first time guests get better connected to Avenue Church. There will be opportunities to write cards to guests and to follow-up with attendees are have not been in worship.

- **Small Group Leaders** We will be started multiple small groups in September/October and will need several group leaders. We will provide training late in the summer for the Leaders. There is an element of facilitation/teaching.
- **Tech Team** We have been blessed with great technology to livestream our services and display lyrics and scriptures on our screens in-house. We need to grow our team so we do not burn out those serving and have more trained leaders to assist when needed.

On June 13th, you'll have the opportunity to sign-up for an area to serve in the beginning of the Fall (with some training in the Summer). By attending one and serving one, we can have a greater reach while getting to know one another better! With new teams we are praying for a greater impact through our gatherings together. Be in prayer for the ways that God might be calling you to use your gifts on Sunday mornings.

Grace and Peace,

Paston Steve

ANNOUNCEMENTS

WORSHIP ON SUNDAY: Worship is held each Sunday in-person or online at 9:00 a.m. (Traditional) and 10:30 a.m. (Contemporary). We are streaming the morning worship services on our Facebook (facebook.com/avenueumc) and Youtube (youtube.com/c/ avenueunitedmethodistchurch) pages.

GIVING AT AVENUE is possible through multiple ways.

- You can give your offering in-person
- You can snail mail your gift to: 20 N. Church St. Milford, DE 19963
- You can give online through the red "give" button on our homepage
- You can text "avenueumc" to 77977 and follow the prompts
- You can download and use our "Avenue Church DE" App on your smart phone

PASTORAL CARE: If you or someone you know is in need of pastoral care, please call the church office at 422-8111 or contact a staff person directly. You can also email <u>prayer@avenueumc.com</u> to have your name added to the prayer chain. We are doing limited face-to-face visits during this time, but would be happy to make contact any way that we can.

SUMMER KICS: Summer KICS will take place during the 10:30 a.m. worship service for kids ages 4 through 4th grade (Kids 5th grade and up can remain in the sanctuary and worship as a family). KICS Kids will be released to Wesley Room prior to the sermon for a Bible Lesson and activities. They can be picked up in the Wesley Room after worship.

Kids will be socially distanced and must wear a mask while in KICS. Activities will be appropriate for the time and there will be at least two adults helping with KICS. If you have questions about SUMMER KICS, please email our Sunday School Superintendent, Patty Shockley at <u>pws210@comcast.net</u>. **Next class is on Sunday, June 6**th.

LOOKING FOR A PLACE TO SERVE ON SUNDAYS? As we continue to move towards a more open worship experience on Sunday morning, there will be additional opportunities to serve. We are seeking people who have passions and interest in serving in several areas to help continue to make Sunday Worship the best experience possible. Below are a few places we are creating or reshaping. If you are interested in serving in an area, please email Pastor Steve at <u>srlamotte@avenueumc.com</u>.

- **Greeters:** Are the first line of contact for guest. Must be upbeat, helpful, and willing to make a great first impression.
- **Ushers:** Work inside the sanctuary to help guest find a seat, dismiss worshippers after service, help with a head count, and make worship a great experience by serving others. When appropriate, ushers will also assist with offering.
- **Nursery Team:** We are looking for adults of all ages to be on a list of back-ups to help our nursery staff when there is a vacation or illness. This ensures that our nursery stays open to serve families at both services.
- **Connection Center/Guest Services:** This is a new ministry area that will help connect new attenders to the life of the church. In this ministry, you will receive connect

cards, answer questions about worship and the church, and help people get connected to ministries and opportunities for Spiritual Growth. To serve in this ministry, hospitality and a desire to connect is a must!

MILFORD COMMUNITY PANTRY: There is an easy way to help **Milford Community Pantry** if you are an Amazon shopper. Instead of ordering through Amazon.com go to <u>Smile.Amazon.com</u>. The first time you will need to designate the charity you wish to support; after that your charity is established and Amazon knows who you support. In the search enter Milford Community Pantry, Milford, Delaware. It is easy and there is a full explanation on their page of how they support communities throughout the world. Just by shopping as you ordinarily do a portion of each dollar you spend goes to The Pantry. Amazon send us a check for our portion. If you have any questions please call Tita Lewis at (302) 664-1321.

OFFICE OPEN-DOORS CLOSING: With the increase in cases of COVID-19 in our area and in an effort to limit traffic in the church, we will be keeping the main entrance doors locked during the week even while the office remains open for the short-term. There is an intercom available at the main entrance should you need to get inside the church. We encourage everyone to utilize email and phone calls, when possible, to limit the need to come to church. We thank everyone for helping to keep our staff and volunteers safe during this time. <u>Church Office Hours are</u> <u>Monday—Friday 9:00 a.m.—3:30 p.m.</u>

2021 GRADUATES: If you have a family member that is graduating (high school/college), please send an email to Kelly at <u>churchoffice@avenueumc.com</u> with the information and a picture. We will be listing the 2021 graduates in June.

** On **June 6**th **at** the**10:30 a.m**. service we will be recognizing all our Class of 2021 graduating seniors.

MILFORD LIONS CLUB: Milford Lions Club is collecting used eyeglasses. There is a donation box in the coat closet.

IMPORTANT YARD SALE ANNOUNCEMENT: YES!! Avenue Church will be having its annual yard sale this year. Mark your calendars for <u>August 5th, 6th, and 7th</u>. This year's sale will be somewhat abbreviated compared to previous years. More details will follow in June.

VACATION BIBLE SCHOOL JUNE 21-24: VBS is just around the corner! We are making changes for VBS, making it an event for the entire family. This year, we are planning for one (or more) parent/guardian to be with their kids as we interact with the lesson, the music, and the fun!

SERVING OPPORTUNITIES AT VACATION BIBLE SCHOOL: VBS will be held on June 21st-24th from 6:30-8:30 p.m. We have areas we are looking for people to serve in. Areas needed are:

- Decoration Assistant (Help build set/create decorations)
- Opening Skit (1 Person)
- Adult to run games
- Registration (2 Adults from 6:00-7:00 p.m.)
- Two Adults to Count Money Nightly

If you would like to assist with Vacation Bible School in June, please email Andrea LaMotte at <u>lamotte.andrea@gmail.com</u>.

VACATION BIBLE SCHOOL REGISTRATION: All aboard the Rocky Railways! The VBS train will be leaving the station on June 21-24 from 6:30-8:30 p.m. at Avenue Church. This year, VBS will be a family-style VBS. "Family-style" means that kids need to be accompanied by a parent/guardian. Each night will feature uplifting songs, a relevant Bible lesson, and opportunities for families to learn from each other. You can sign up by clicking on (or copy and paste into your browser) the link below.

https://bit.ly/34h1uxz

DECORATING FOR VACATION BIBLE SCHOOL: We are excited to be starting set-building for Vacation Bible School. Anyone interested in helping with assisting in building this railway-themed set can come to Fellowship Hall on June 2nd, 3rd, 9th, 10th, 16th, and 17th from 9:00 a.m -2:00 p.m. You can come for one day, each day, one hour or multiple hours. All help is encouraged! Contact Donna Yates at <u>donna.yates1004@gmail.com</u> with any questions or to let her know you are coming.

OUTDOOR SERVICES BEGIN JUNE 6TH: After the success of last year's outdoor worship services on Sunday evenings, we will be bringing the services back in June. On June 6th at 6:30 p.m., we will begin outdoor services on the lawn. We will celebrate communion together at that service. We ask that you bring your own chair, blanket, and bug spray to the gathering. Children are welcome to worship and to play during the service.

On Sunday, June 13th at 6:30 p.m., we will be having *Worship in the Park* as we gather at **Bicentennial Park** in Milford for worship. We believe that it will create a great opportunity to worship in a different location and invite friends to join us that night! We are looking forward to seeing you this summer!

AVENUE UNDER THE BIG TOP: Thanks to a generous donation from a congregation member, Avenue has purchased a large tent that will be here at the end of June. Beginning in July, the tent will house our evening worship services. It will also open up opportunities for some creative fellowship, worship, and outreach events. As we prepare for the tent's arrival and set -up, we would like to encourage you to think creatively about how we can leverage the tent for ministry and mission. If you'd like to discuss ideas, please contact Pastor Steve at srlamotte@avenueumc.com.

CONNECTION CLASS JUNE 13TH: Avenue will be hosting a Connection Class on Sunday, June 13th at 11:45 a.m. in Fellowship Hall. This class is for new attendees who would like to meet the staff, hear the story of Avenue Church, and ask questions about Avenue. It will be a great way to connect with some other new attendees at Avenue. Donuts, coffee, and juice will be provided. Please RSVP to Kelly in the church office at <u>churchoffice@avenueumc.com</u>

WITNESS TO FAITH: Janice is taking the summer off (June—August) for the Witness to Faith articles. She will start this back up in September. Thanks to everyone who has contributed so far.

MEAL TRAIN AT AVENUE: Health Ministries is looking for folks in the Avenue family who like to cook and would like to prepare meals for those who are sick, who have had loved ones pass, or who have had new babies as a way to care for one another. We are using the website <u>mealtrain.com</u> to allow members to sign up. If you would like to receive emails when we need meals, you can email Sharon at <u>sharonclendaniel@msn.com</u>.

DISCIPLESHIP OPPORTUNITIES

SUMMER SUNDAY SCHOOL: Summer Sunday School for adults led by Rev. John Van Tine, retired plus others is meeting in Fellowship Hall at 10:15AM. The study for June is "Intended for Good." The lesson for June 6th is "Sibling Rivalry Writ Large" based on Genesis 37:5-28; June 13th lesson is "In The Master's House" based on Genesis 39:1-21; June 20th lesson is "What Dreams May Come" based on Genesis 41:1-16, 25-32; and June 27th lesson is "Grace Abounds" based on Genesis 45:1-15. Please join us in Fellowship Hall for these exciting lessons.

SISTERS BIBLE STUDY IS BACK— We' will continue our study "Chasing Vines" with Beth Moore. Our next class will be on **June 8th** at 10:00 a.m. in Fellowship Hall. Any questions, please call Brenda Powers at (302) 422-8821 or Ginny Van Tine at (302) 422-4282.



Sun safety for the entire family

Johns Hopkins Sun Facts

Everybody needs some sun exposure to produce vitamin D (which helps calcium absorption for stronger and healthier bones). But unprotected exposure to the sun's ultraviolet (UV) rays can cause damage to the skin, eyes, and immune system. It can also cause cancer. There are other contributing factors such as heredity and environment. But sunburn and excessive UV light exposure do damage the skin. This damage can lead to skin cancer or premature skin aging (photoaging).

What does tanning do to the skin?

Tanning is the skin's response to UV light. When UV rays reach the skin, the skin makes more melanin. Melanin is the color (pigment) that causes tanning. Tanning does not prevent skin cancer.

What is ultraviolet radiation?

Energy from the sun reaches the earth as visible, infrared, and ultraviolet (UV) rays.

- Ultraviolet A (UVA) is made up of wavelengths 320 to 400 nm (nanometers) in length.
- Ultraviolet B (UVB) wavelengths are 280 to 320 nm.
- Ultraviolet C (UVC) wavelengths are 100 to 280 nm.

Only UVA and UVB ultraviolet rays reach the earth's surface. The earth's atmosphere absorbs UVC wavelengths.

- UVB rays cause a much greater risk of skin cancer than UVA.
- · But UVA rays cause aging, wrinkling, and loss of elasticity.
- UVA also increases the damaging effects of UVB, including skin cancer and cataracts.

In most cases, ultraviolet rays react with melanin. This is the first defense against the sun. That's because melanin absorbs the dangerous UV rays that can do serious skin damage. A sunburn develops when the amount of UV damage exceeds the protection that the skin's melanin can provide. A suntan represents the skin's response to injury from the sun. A small amount of sun exposure is healthy and pleasurable. But too much can be dangerous. Measures should be taken to prevent overexposure to sunlight. These preventive measures can reduce the risks of cancers, premature aging of the skin, the development of cataracts, and other harmful effects.

8 KB- www.hopkinsmedicine.org - Johns Hopkins



"For I was hungry, and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me. I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me...And the King will answer them, "Truly I say to you, as you did it to one of the least of these my brother, you did it to me".

Matthew 25:35-36,40



COVID and Beyond: Emergency Resources for Adults with Disabilities

This tip sheet can connect you with resources for dealing with the coronavirus and related disruptions to individual and family schedules, activities and wellbeing. There is also a tip sheet for children and youth.

COVID-specific Resources

Delaware's website for COVID-19 updates and resources online: https://coronavirus.



Crisis Lines

delaware.gov

Medical emergency

call or text: 9-1-1 Register for **Smart 911** to share important personal information with emergency responders. online: https://smart911.com/



National Suicide Prevention Lifeline

online: https://suicidepreventionlifeline.org/ call: 800-273-8255

Delaware Coalition Against Domestic Violence (DCADV) online: http://www.dcadv.org/

call: 302-658-2958



Substance use and mental health

online: https://www. helpisherede.com/ call: 833-946-7333 (DE Hope Line) call: 800-652-2929 (Mobile Crisis Intervention Services) text: DEHOPE to 55753

Basic Needs

The United Way Delaware 2-1-1 hotline

connects callers to critical services, including food, affordable housing, financial assistance,

transportation and legal services. online: https://delaware211.org/ phone: 2-1-1 or 800-560-3372 text: your zip code to 898-211



First State Community Action Agency

connects families with emergency supports such as food and shelter. online: https://www.firststatecaa.org/ call: 800-372-2240

Statewide emergency resources list

online: https://coronavirus.delaware.gov/ community-resources/

Internet & Communication

Delaware public libraries, most of which offer free WiFi hotspots online: https://lib.de.us/list-oflibraries/



Google Live Transcribe

is a free Android app that automatically transcribes speech in near-real time. online: https://www.android.com/accessibility/ live-transcribe/

[NOTE: This app is not available for iPhones, only Android phones.]

InnoCaption

is a mobile app that captions phone calls in real time using live stenographers and speech recognition software. online: https://innocaption.com/

Relay Conference Captioning (RCC)

offers free conference calls, live captioning and web conferencing supports for people who are Deaf, hard of hearing or have speech difficulty. online: https://delawarerelay.com/rcc call: 833-250-2784

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Disability Services

Center for Special Health Care Needs

provides primary care for adults with complex medical and social conditions. online: http://www.christianacare.org/ services/primarycare/center-specialhealth-care-needs-primary-care/ call: 302-320-6300

The Accessible Pharmacy

delivers meds to your home. online: https://www.accessible pharmacy.com/ call: 215-799-9900

Delaware Aging and Disability Resource Center

offers information and services for older persons and adults with physical disabilities. online: http://www.delawareadrc.com/ call: 800-223-9074 TDD: 302-424-7141

Delaware Assistive Technology Initiative

offers free lending libraries of assistive technology in each county and consultation with specialists. online: https://www.cds.udel.edu/at/dati/ call/TDD: 800-870-3284

Easterseals of Delaware & Maryland's Eastern Shore

offers caregiver support and respite services. online: http://www.easterseals.com/de call: 302-324-4444

EPIC Delaware

offers fitness and social activities for individuals with disabilities. online: http://epicdelaware.org/ call: 302-753-3487



Disability Advocacy

Governor's Advisory Council for Exceptional Citizens

provides broad advocacy and advises on special education policy online: https://gacec.delaware.gov/ call: 302-739-4553



State Council for People with Disabilities

provides broad advocacy and specializes in brain injury online: https://scpd.delaware. gov/

Delaware Developmental Disabilities Council

provides advocacy centered on developmental disabilities online: https://ddc.delaware.gov/ call: 302-739-3333

Delaware Disabilities Law Program

online: http://www.declasi.org/disabilities-lawprogram/ call: 302-575-0690



CENTER FOR DISABILITIES STUDIES

University of Delaware, College of Education and Human Development, 461 Wyoming Road, Newark, DE 19716 • 302-831-6974 • 302-831-4689 TDD • cds. udel.edu



Developmental Disabilities Council, Margaret M. O'Neill Building, Suite 2, 410 Federal Street, 2nd Floor, Dover, DE 19901 · 302-739-3333 302-739-2015 TDD · ddc.delaware.gov

COVID and Beyond: Emergency Resources for Children and Youth with Disabilities

This tip sheet can connect you with resources for supporting children during the coronavirus pandemic and related disruptions to individual and family schedules, activities and wellbeing. There is also a tip sheet for adults.

COVID-specific Resources

Delaware's website for COVID-19 updates and resources online: https://coronavirus. delaware.gov



Crisis Lines

Medical emergency call or text: 9-1-1

Register for **Smart 911** to share important personal information with emergency responders. online: https://smart911.com/

National Suicide Prevention Lifeline

online: https://suicidepreventionlifeline.org/ call: 800-273-8255

Crisis Text Line

text: DE to 741741

Delaware Hope Line



can connect callers with mental health concerns to clinicians, peer specialists and trained crisis counselors. call: 833-946-7333

text: DEHOPE to 55753

Del. Division of Prevention and Behavioral Health Services

can connect callers with provides emergency help for youth experiencing abuse, neglect or a mental health or substance use emergency. call: 800-292-9582 (abuse/neglect) call: 800-969-4357 (mental health/substance use)

Basic Needs

The United Way Delaware 2-1-1 hotline

connects callers to critical services, including food, affordable housing, financial assistance, transportation and legal services. online: https://delaware211.org/ phone: 2-1-1 or 800-560-3372 text: your zip code to 898-211

Del. Department of Education Food and Meals

provides meals for students in need while school is closed due to COVID-19. online: https://www.doe.k12. de.us/domain/611 call: 302-857-3356



Statewide emergency resources list

online: https://coronavirus.delaware.gov/ community-resources/

Health & Wellbeing

The Accessible Pharmacy

delivers meds to your home. online: https://www.accessiblepharmacy.com/ call: 215-799-9900

Delaware Assistive Technology Initiative

offers free lending libraries of assistive technology in each county and consultation with specialists. online: https://www.cds.udel.edu/at/dati/ call: TDD: 800-870-3284

Del. Department of Services for Children, Youth, and Their Families (DSCYF)

helps families support youth with behavioral and mental health needs. online: https://kids.delaware.gov/ call: 302-633-2600

Delaware Family Voices

assists families who support children and young adults with special healthcare needs. online: http://www.delawarefamilytofamily.org/ Call: 877-235-3588

Easterseals of Delaware & Maryland's Eastern Shore

offers caregiver support and respite services. online: http://www. easterseals.com/de call: 302-324-4444



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EPIC Delaware

offers fitness and social activities for individuals with disabilities. online: http://epicdelaware.org/ call: 302-753-3487

Family SHADE

assists families who support children and young connects families and providers to information, resources, and services focused on improving the quality of life for children and youth with special healthcare needs and their caregivers. online: https://www.familyshade.org/ call: 855-755-7423

Help is Here Delaware

provides substance use and mental health information and resources. online: https://www.helpisherede.com/ call: 800-652-2929

Educational Needs & Access

Del. Department of Education Exceptional Children's Resources

Workgroup

provides information and resources to support Delaware students with disabilities. online: https://www.doe.k12. de.us/Page/2298 call: 302-735-4210



Parent Information Center of Delaware, Inc. (PIC)

offers information and support for parents of children with disabilities from birth to 26 years old. online: https://picofdel.org/ call: 888-547-4412

Internet & Communication

Comcast provides free Internet Essentials service for the first 60 days for new customers. online: http://www.internetessentials.com/covid19 call: 888-234-4272

Delaware public libraries,

most of which offer free WiFi hotspots online: https://lib.de.us/list-oflibraries/



Google Live Transcribe

is a free Android app that automatically transcribes speech in near-real time.online: https:// www.android.com/accessibility/live-transcribe/

[NOTE: This app is not available for iPhones, only Android phones.]

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BIRTHDAY GREETINGS TO:

• Walt Peters who will be celebrating his 90th birthday on June 6th.

ANNIVERSARY GREETINGS TO:

- Ted and Edna Newhouse who will celebrate their 60th anniversary on June 3rd.
- Larry and Elaine Price who will celebrate their 51st anniversary on June 7th.

PLEASE KEEP IN YOUR PRAYERS:

- Those affected by the COVID-19, Medical Staff, and distributing the vaccine.
- Our local, national, and world leaders
- Our District Superintendent (Rev. Dr. Kyung-Hee Sa), Bishop Peggy Johnson, and The United Methodist Church
- The Pastors, Staff, and Leadership of Avenue United Methodist Church

PRAYER REQUEST:

Ann	Dave Harris	Jean Murphy
George Babel	Beverly Harrison	Jason Neall
Brittany and Baby Naomi	Steve Hofer	Ariel Ownes
Frank & Frances Beebe	Karl Isele	Alan Parker
Bobby Bergez	Ron Ivory	Laurel Pastor
Bob Cage	Alvin Jarrell	Jan Perkins
Charlene Johnson Cannon	Dean Johnson	Millie Remick
Jennifer Clarke	Justin	Roy Rigby
Gloria Clendaniel	Linda Kemp	Dick Roberts
Jack & Denny Collins	Kay Kness	Lorna Rosella Rulona
Luisa & Billy Combs	Doris Koon	Phil Saint
Violet Condif	Rhoda & Greg Kurz	Richard Sapp
Lauren Connell	Jean Layton	Alice Sellers
Linda Cottrill	Jean Layton's Grandson	Roland Simms
Craig	Lauren Lee	Racheal Simesak
Julie Dally	Nancy Lee	Gary Simpson
Joanna Denney-Turner	Lee Family	Linda Singleton
Michael Dougherty	William Lescallet	Samuel Smith
William Ernst	Brittany Poore Little	Julianna Starling
Carolyn Evans	Jack & Zelda McDuff	Kathy Sullivan
Charlie & Barbara	Ricki McGuire	Joan Tolbert
Fleetwood	Tiffany Medlin	Debbie Topolski
Jayne Frank	Frank Mentusky	Gene Topolski
Steve & Judy Franklin	Orville Mills	Joan Wadman
Gail & Jeffrey	Kathryn Avery Mitchell	Mary Lou Walters
Bonnie Glenn	Tiffany Mitchell	TJ Webb
Matt Hall	Stan Moody	Betty Ziesel