



The Midweek

Wednesday, June 16, 2021

Living Into the Discipleshift

Several years ago at Annual Conference, the Rev. Junius Dotson shared about the importance of a “discipleship pathway” for congregation. A discipleship pathway is a clear, intentional path for people to grow as disciples of Jesus Christ. This pathway is intended to help anyone understand and embrace what it looks like to follow Jesus.

Outside of worshipping God, The Church is called to make disciples. A disciple is someone who is in the process of becoming like Jesus. We see this emphasis on disciple-making in Matthew 28:18 when Jesus says,

“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

As disciples ourselves, we are called to make disciples who follow the teachings of Jesus. Within The United Methodist Church, discipleship has been part of our DNA from the time of John Wesley. Wesley intentionally had people organized into Classes and Bands. If you wanted to be a member-in-good-standing, you had to be in a Class (Sunday School class/Small Group). Those wishing to go deeper were in Bands (which were like accountability groups). Early Methodist were serious about caring for the poor, the sick, and visiting those in prison. This emphasis on discipleship enabled the Methodist movement in America to explode

in the 19th century.

Avenue has been working to renew our emphasis on Discipleship. Pastor Wendy Butterworth led a team that laid the foundation for this process. Over the last several months, a new team has gathered to begin implementing a pathway and inject this disciple-making DNA into the culture at Avenue Church. This Fall, we plan on unrolling aspects of the Pathway as we begin to make the Discipleshift in our ministry together.

What can you do now? Be in prayer about what it means to be a disciple of Jesus Christ. Search the Scriptures (especially The New Testament) for what discipleship looks like and invite the Holy Spirit to begin to show us areas of growth. You can pray for our church and staff as we begin making the discipleshift in our congregation!

Grace and Peace,

Pastor Steve

ANNOUNCEMENTS

WORSHIP ON SUNDAY: Worship is held each Sunday in-person or online at 9:00 a.m. (Traditional), 10:30 a.m. (Contemporary) 6:30 p.m. (Outdoor Worship). We are streaming the morning worship services on our Facebook (facebook.com/avenueumc) and Youtube (youtube.com/c/avenueunitedmethodistchurch) pages.

GIVING AT AVENUE is possible through multiple ways.

- You can give your offering in-person
- You can snail mail your gift to: 20 N. Church St. Milford, DE 19963
- You can give online through the red “give” button on our homepage
- You can text “avenueumc” to 77977 and follow the prompts
- You can download and use our “Avenue Church DE” App on your smart phone

PASTORAL CARE: If you or someone you know is in need of pastoral care, please call the church office at 422-8111 or contact a staff person directly. You can also email prayer@avenueumc.com to have your name added to the prayer chain. We are doing limited face-to-face visits during this time, but would be happy to make contact any way that we can.

CHURCH OFFICE HOURS: The Church Office is open Monday-Friday from 9:00 a.m. to 3:30 p.m. We asked that you use the main entrance to access the office during business hours. All guest will need to buzz in on the intercom to be let in.

MEMORIAL SERVICE FOR MARY JO LEAR: Avenue will be hosting a memorial service for Mary Jo Lear on **Monday, June 28th at 11:00 a.m.** in the Sanctuary. There will be a reception in Fellowship Hall following the service.

PIES NEEDED FOR CAMP NEW HOPE THANK YOU: Avenue is hosting a thank-you dinner for volunteers at Camp New Hope Hospice on June 21st in The Century Club. We are looking to provide a variety of 6-8 pies for this event from the Avenue Family. If you would like to provide a pie for the event, please contact Joanne Burbage at 422-6152 or gburbage1@comcast.net. Pies need to be at **The Century Club by 4:00 p.m. on June 21st.**

CHILDREN AND FAMILY MINISTRY DREAM TEAM: As we prepare for the Fall and the discipleship that is taking place in our congregation, we want to invite those who are passionate about children’s and family ministry to join our Dream Team. This team will spend time in prayer and dreaming about how to best disciple our children and make our families the primary place of discipleship. If you are interested in learning more, please email Pastor Steve at srlamotte@avenueumc.com.

TRUSTEES ELECTION: Each year, the Board of Trustees of Avenue Church must be elected by the body of Avenue United Methodist Church. As our worship service is our “primary” meeting according to the State of Delaware, we will be holding Trustees elections on **Sunday, June 27th** prior to the beginning of each worship service. The following have accepted their nominations to serve on the Board of Trustees:

Glenn Stevenson- Class of 2022
Scott McKenzie- Class of 2024
Kevin Reichold- Class of 2024

SUMMER KICS: Summer KICS will take place during the 10:30 a.m. worship service for kids ages 4 through 4th grade (Kids 5th grade and up can remain in the sanctuary and worship as a family). KICS Kids will be released to Wesley Room prior to the sermon for a Bible Lesson and activities. They can be picked up in the Wesley Room after worship.

Kids will be socially distanced and must wear a mask while in KICS. Activities will be appropriate for the time and there will be at least two adults helping with KICS. If you have questions about SUMMER KICS, please email our Sunday School Superintendent, Patty Shockley at pws210@comcast.net. **Next class is on Sunday, June 20th.**

LOOKING FOR A PLACE TO SERVE ON SUNDAYS? As we continue to move towards a more open worship experience on Sunday morning, there will be additional opportunities to serve. We are seeking people who have passions and interest in serving in several areas to help continue to make Sunday Worship the best experience possible. Below are a few places we are creating or reshaping. If you are interested in serving in an area, please email Pastor Steve at srlamotte@avenueumc.com.

- **Greeters:** Are the first line of contact for guest. Must be upbeat, helpful, and willing to make a great first impression.
- **Ushers:** Work inside the sanctuary to help guest find a seat, dismiss worshippers after service, help with a head count, and make worship a great experience by serving others. When appropriate, ushers will also assist with offering.
- **Nursery Team:** We are looking for adults of all ages to be on a list of back-ups to help our nursery staff when there is a vacation or illness. This ensures that our nursery stays open to serve families at both services.
- **Connection Center/Guest Services:** This is a new ministry area that will help connect new attenders to the life of the church. In this ministry, you will receive connect cards, answer questions about worship and the church, and help people get connected to ministries and opportunities for Spiritual Growth. To serve in this ministry, hospitality and a desire to connect is a must!

MILFORD COMMUNITY PANTRY: There is an easy way to help **Milford Community Pantry** if you are an Amazon shopper. Instead of ordering through Amazon.com go to [Smile.Amazon.com](https://smile.amazon.com). The first time you will need to designate the charity you wish to support; after that your charity is established and Amazon knows who you support. In the search enter Milford Community Pantry, Milford, Delaware. It is easy and there is a full explanation on their page of how they support communities throughout the world. Just by shopping as you ordinarily do a portion of each dollar you spend goes to The Pantry. Amazon send us a check for our portion. If you have any questions please call Tita Lewis at (302) 664-1321.

MILFORD LIONS CLUB: Milford Lions Club is collecting used eyeglasses. There is a donation box in the coat closet.

YARD SALE: Mark your calendars for **August 5th, 6th, & 7th** for this year's church yard sale. Help us as we focus on offering just the basics needed by area families as they struggle to

recover from the pandemic. As you gather donations, limit your items to: clothing, shoes, linens, basic housewares, small appliances, toys, puzzles, furniture, and tools. Please NO jewelry, stuffed animals, seasonal decor, framed art, or craft supplies for this sale. (A more detailed list is available in the church foyer.) Drop-off dates and times will be announced soon.

SERVING OPPORTUNITIES AT VACATION BIBLE SCHOOL: VBS will be held on June 21st-24th from 6:30-8:30 p.m. We have areas we are looking for people to serve in. Areas needed are:

- Decoration Assistant (Help build set/create decorations)
- Opening Skit (1 Person)
- Adult to run games
- Registration (2 Adults from 6:00-7:00 p.m.)
- Two Adults to Count Money Nightly

If you would like to assist with Vacation Bible School in June, please email Andrea LaMotte at lamotte.andrea@gmail.com.

VACATION BIBLE SCHOOL REGISTRATION: All aboard the Rocky Railways! The VBS train will be leaving the station on June 21st-24th from 6:30-8:30 p.m. at Avenue Church. This year, VBS will be a family-style VBS. "Family-style" means that kids need to be accompanied by a parent/guardian. Each night will feature uplifting songs, a relevant Bible lesson, and opportunities for families to learn from each other. You can sign up by clicking on (or copy and paste into your browser) the link below.

<https://avenueumc.com/vacation-bible-school/>

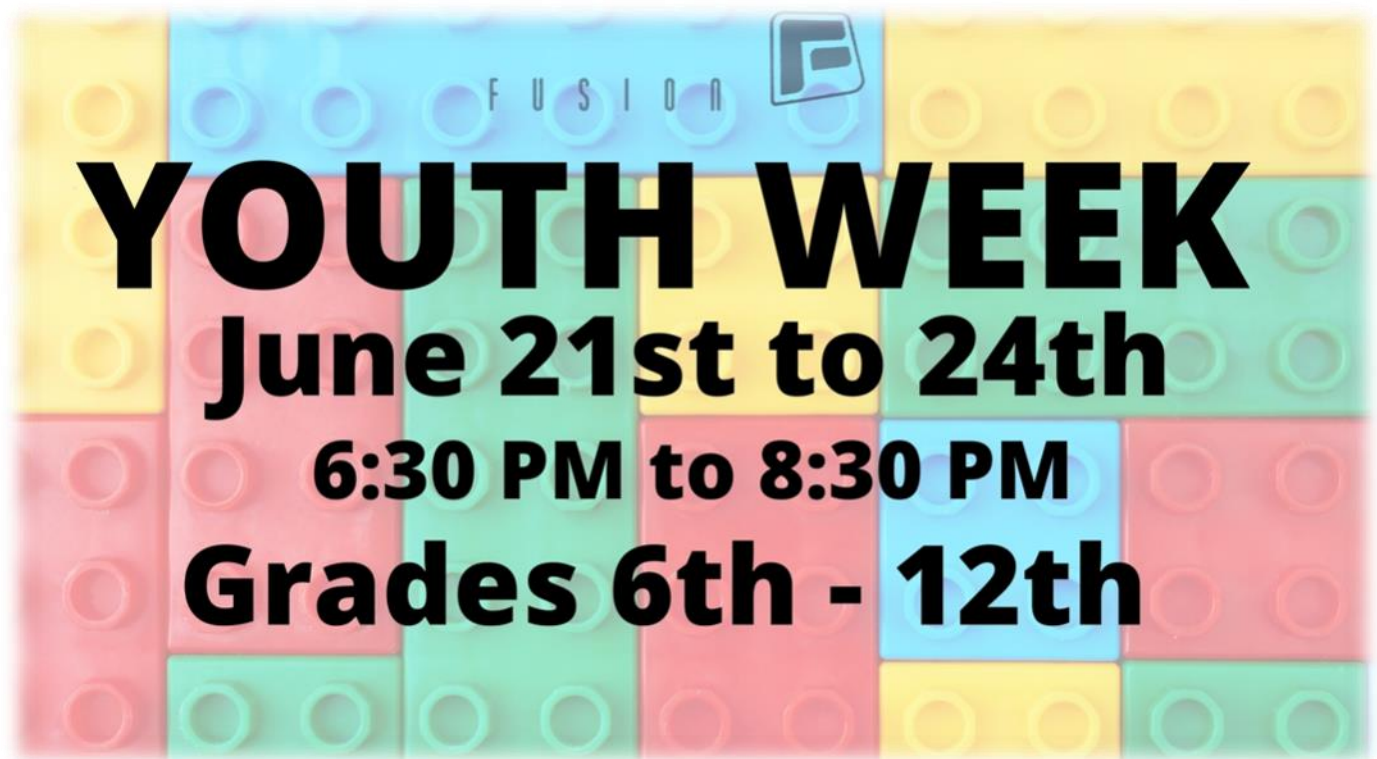
DECORATING FOR VACATION BIBLE SCHOOL: We are excited to be starting set-building for Vacation Bible School. Anyone interested in helping with assisting in building this railway-themed set can come to Fellowship Hall on June 16th and 17th from 9:00 a.m-2:00 p.m. You can come for one day, each day, one hour or multiple hours. All help is encouraged! Contact Donna Yates at donna.yates1004@gmail.com with any questions or to let her know you are coming.

MEAL TRAIN AT AVENUE: Health Ministries is looking for folks in the Avenue family who like to cook and would like to prepare meals for those who are sick, who have had loved ones pass, or who have had new babies as a way to care for one another. We are using the website mealtrain.com to allow members to sign up. If you would like to receive emails when we need meals, you can email Sharon at sharonclendaniel@msn.com.

AN UPDATE ON WEEKLY RSVP'S: As the State has opened up capacities and vaccines have been increasingly administered through our state, Avenue is no longer looking for RSVP's for our worship services. There will be times when RSVP's will be utilized in the future to help us on events where we want to manage our seating capacity (Christmas Eve and Easter Sunday come to mind). Thank you for utilizing the RSVP App over the last six months. It has helped us in the administration and care for our community!

DISCIPLESHIP OPPORTUNITIES

SUMMER SUNDAY SCHOOL: Summer Sunday School for adults led by Rev. John Van Tine, retired plus others is meeting in Fellowship Hall at 10:15AM. The study for June is “Intended for Good.” The lesson for June 20th lesson is “What Dreams May Come” based on Genesis 41:1-16, 25-32; and June 27th lesson is “Grace Abounds” based on Genesis 45:1-15. Please join us in Fellowship Hall for these exciting lessons.



Best sunscreen: Understand sunscreen options

The best sunscreen is one that you'll use generously and according to label directions. Know what to look for on sunscreen labels and how to maximize your sun protection.

[By Mayo Clinic Staff](#) Confused about the best sunscreen to use? Lawrence E. Gibson, M.D., a dermatologist at Mayo Clinic, Rochester, Minnesota, offers his guidance.

What are the best ways to protect yourself from the sun?

Focus on the big picture when it comes to sun safety. For example:

- **Avoid the sun during peak hours.** Generally, this is between 10 a.m. and 4 p.m. Water, snow, sand and concrete reflect light and increase the risk of sunburn.
- **Wear sun protective clothing.** This includes pants, shirts with long sleeves, sunglasses and hats.
- **Use sunscreen.** Look for water-resistant, broad-spectrum coverage with an SPF of at least 30. Apply sunscreen generously, and reapply every two hours — or more often if you're swimming or sweating.

What does a broad-spectrum sunscreen do?

There are two types of UV light that can harm your skin — UVA and UVB. A broad-spectrum sunscreen protects you from both.

UVA rays can prematurely age your skin, causing wrinkling and age spots. UVB rays can burn your skin. Too much exposure to UVA or UVB rays can cause skin cancer. The best sunscreen offers protection from UV light.

What SPF do you need?

SPF stands for sun protection factor, a measure of how well sunscreen protects against UVB rays. (UVA protection isn't rated.) Manufacturers calculate SPF based on how long it takes to sunburn skin treated with the sunscreen as compared to skin with no sunscreen.

Experts recommend using a sunscreen with an SPF of at least 30. Sunscreens with SPFs greater than 50 provide only a small increase in UV protection. High-number SPFs last the same amount of time as low-number SPFs.

Sunscreen is often not applied thoroughly or thickly enough, and it can be washed off during swimming or sweating. As a result, sunscreen might be less effective than the SPF number suggests. [Show transcript for video Mayo Clinic Minute: Shining the light on SPF in sunscreen](#)

What does water-resistant sunscreen do?

The term water resistant means that the SPF is maintained for up to 40 minutes in water. Very water resistant means the SPF is maintained for 80 minutes in water.

What do I need to know about sunscreen ingredients?

Sunscreens contain filters that reflect or absorb UV rays. There are two main types of filters:

- **Organic.** Organic filters absorb UV radiation and convert it to a small amount of heat. Examples include cinnamates, salicylates and benzophenones.
- **Inorganic.** Inorganic filters reflect and scatter UV radiation. Examples include titanium dioxide and zinc oxide. Inorganic sunscreens are typically less irritating to skin.



Should I use a spray sunscreen or a lotion?

Consider the pros and cons for different applications, including:

- **Creams.** If you have dry skin, you might prefer a cream — especially for your face.
- **Lotions.** Lotions are often preferred for application on large areas. Lotions tend to be thinner and less greasy than creams.
- **Gel.** Gels work best in hairy areas, such as the scalp or chest.
- **Stick.** Sticks are useful when applying sunscreen around the eyes.
- **Spray.** Sprays are easy to apply on children. Because it's difficult to know how well you're applying it, spray a generous and even coating. To prevent inhalation of the product, don't spray near the face or mouth. Check the direction of the wind before spraying.

What else do I need to know about sunscreen?

When you use sunscreen:

- Apply generous amounts of sunscreen to dry skin 15 minutes before you go outdoors.
- Use sunscreen on all skin surfaces that will be exposed to the sun, such as your neck, the tops of your feet, your ears and the top of your head. Apply a lip balm or lipstick with an SPF of least 30 to your lips.
- Since UV light can pass through clouds, use sunscreen even when it's cloudy.
- Check the sunscreen's expiration date.
- Avoid using sunscreen on children younger than age 6 months. Instead, try to limit sun exposure. www.mayoclinic.org

Use sunscreen year-round, but don't let any product lull you into a false sense of security about sun exposure. A combination of shade, clothing, sunscreen and common sense is your best bet.



PROTECT YOURSELF IN FIVE WAYS FROM SKIN CANCER

“For I was hungry, and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me. I was naked and you clothes me, I was sick and you visited me, I was in prison and you came to me...And the King will answer them ‘Truly I say to you, as you did it to one of the least of these my brother, you did it to me’.”

Matthew 25:35-36, 40



Health Ministry



BIRTHDAY GREETINGS TO:

- **Ginny Clendaniel** who will be celebrating her **90th** birthday on **July 1st**.

ANNIVERSARY GREETINGS TO:

- **Rob and Pat Craig** who will celebrate their **53rd** anniversary on **June 22nd**.
- **Dave and Judy Passwaters** who will celebrate their **63rd** anniversary on **June 28th**.

PLEASE KEEP IN YOUR PRAYERS:

- Those affected by the COVID-19, Medical Staff, and distributing the vaccine.
- Our local, national, and world leaders
- Our District Superintendent (Rev. Dr. Kyung-Hee Sa), Bishop Peggy Johnson, and The United Methodist Church
- The Pastors, Staff, and Leadership of Avenue United Methodist Church

PRAYER REQUEST:

Ann	Beverly Harrison	Laurel Pastor
George Babel	Steve Hofer	Jan Perkins
Frank & Frances Beebe	Karl Isele	Millie Remick
Bobby Bergez	Ron Ivory	Roy Rigby
Bob Cage	Alvin Jarrell	Dick Roberts
Charlene Johnson Cannon	Dean Johnson	Lorna Rosella Rulona
Jennifer Clarke	Justin	Phil Saint
Gloria Clendaniel	Linda Kemp	Richard Sapp
Jack & Denny Collins	Kay Kness	Alice Sellers
Luisa & Billy Combs	Doris Koon	Roland Simms
Violet Condif	Rhoda & Greg Kurz	Racheal Simesak
Lauren Connell	Jean Layton	Gary Simpson
Linda Cottrill	Jean Layton's Grandson	Linda Singleton
Craig	Lauren Lee	Samuel Smith
Rick Crump	Nancy Lee	Julianna Starling
Julie Dally	Lee Family	Kathy Sullivan
Joanna Denney-Turner	William Lescallet	Joan Tolbert
Michael Dougherty	Brittany Poore Little	Debbie Topolski
William Ernst	Jack & Zelda McDuff	Gene Topolski
Carolyn Evans	Tiffany Medlin	Joan Wadman
Charlie & Barbara	Frank Mentusky	Mary Lou Walters
Fleetwood	Orville Mills	TJ Webb
Jayne Frank	Kathryn Avery Mitchell	Betty Ziesel
Steve & Judy Franklin	Tiffany Mitchell	
Gail & Jeffrey	Stan Moody	
Bonnie Glenn	Jean Murphy	
Alina Guido	Jason Neall	
Matt Hall	Ariel Ownes	
Dave Harris	Alan Parker	