



The Midweek

Wednesday, November 3, 2021

When The Saints Go Marching In

I love arriving at professional baseball games early to watch batting practice and to see these incredible athletes work at their craft. As someone who played baseball through college, it is exciting to see the work that these athletes put in on a daily basis. They have built their lives around training, preparing, and playing baseball. Most ballplayers have careers that are forgotten about. Some players become regulars, starters, and All-Stars over the course of the careers. I know that my coaches (one of which was my dad) would encourage me to watch how baseball players prepare, play, and handle adversity in order to learn how to play the game better.

This Sunday is All Saints Sunday, where we remember those saints who have had their triumphal entry into God's presence over the last year. In the New Testament, a saint simply refers to all Christians across all time. In the book of Hebrews, the author talks about how we are "surrounded by a great cloud of witnesses" and encourages us to watch them in order to learn how to persevere in our faith and life. We are called to watch the saints/witnesses whose lives testify to the reality of Jesus.

I'm taken aback when I look at the list of saints from our church on All Saints Sunday because of their impact on our community. Even in death, they serve as witnesses to the faithfulness of God. They encourage us to walk faithfully with Jesus and with one another. These witnesses show us that we, too, can walk with Jesus each day. The real question is, who are we watching?

I want to invite you to attend this very special Sunday of worship. Come and join us as we support families who are grieving the loss of loved ones. Come to remember the lives that have impacted our faith and our community. Come and consider the legacy of faith that we are leaving emerging generations.

Sow Much Love,

Pastor Steve

End of Daylight Savings Time will be on
Sunday, November 7, 2021



Update On Avenue's Door Policy for Worship

Since the pandemic, Avenue has been utilizing a single point of entry on Sunday morning. A single entry point allowed us to do temperature checks and to take attendance for contact tracing and pastoral care. This past Spring, we eliminated temperature checks as part of the protocol to attend worship while taking attendance. Taking attendance at the door is far more accurate than filling out a pew pad, which allows our pastoral team to provide better pastoral care when members of our community are missing in worship.

What about the sanctuary doors? When will they be unlocked?

In short, we tried unlocking the doors, but there has been a problem with the software that enables the mag-lock to disengage on schedule. When the software doesn't work, it requires someone to be present at the door to open it up or block the door open. Along with software issues, our Safety Teams (Greeter Teams) have not been able to fill out their teams since the pandemic. Low Safety Team numbers mean we cannot have someone at the front door to welcome people to worship. In addition to a Safety Team member, it would help the pastoral team if there was an additional person available to take attendance to assist with pastoral care.

How do we get the Sanctuary Doors Unlocked on Sunday mornings? We need all of the following to happen to begin unlocking the sanctuary doors on Sunday morning.

- We have contacted B-Safe about our software issues. We hope that this issue can be resolved. When resolved, the doors will unlock 30 minutes before worship as they did pre-Covid.
- Restaff our Safety Teams to have 4-5 members who can cover the building each week to welcome and assist those who attend worship.
- People to assist with attendance. The pandemic has shown us the importance of staying connected and knowing the people who are present and those who are missing.

Until we can complete these three steps, we will continue to ask worship attendees to use the main entrance on the side of the building. If there are any questions, don't hesitate to get in touch with Pastor Steve at 302-422-8111 or srlamotte@avenueumc.com.

ANNOUNCEMENTS

WORSHIP ON SUNDAY: Worship is held each Sunday in-person or online at 9:00 a.m. (Traditional) and 10:30 a.m. (Contemporary). We are streaming the morning worship services on our Facebook (facebook.com/avenueumc) and Youtube (youtube.com/c/avenueunitedmethodistchurch) pages.

GIVING AT AVENUE is possible through multiple ways.

- You can give your offering in-person
- You can mail your gift to: 20 N. Church St. Milford, DE 19963
- You can give online through the red “give” button on our homepage
- You can download and use our “Avenue Church DE” App on your smart phone

PASTORAL CARE: If you or someone you know is in need of pastoral care, please call the church office at 422-8111 or by contacting Dan Holt, our *Pastor of Congregational Care*. You can email Pastor Dan directly at dholt@avenueumc.com.

CHURCH OFFICE HOURS: The Church Office is open Monday-Friday from 9:00 a.m. to 3:30 p.m. We asked that you use the main entrance to access the office during business hours. All guest will need to buzz in on the intercom to be let in.

WELCOMING AND CONNECTING WITH THE CONNECTION TEAM: Last week, we unveiled a new ministry team at Avenue Church. The Connection Team serves to welcome guest and attenders and assist them in getting connected to the ministries of Avenue Church. Over the last several months, we have been working to develop a dedicated space for the Connection Team. That space is the newly renovated stone wall with the TV's in the foyer. This will be space where people can ask questions, fill out a connect card, and learn more about the ministries of the church.

If you would like to participate in the Connection Team, you can contact Karen Schneider at careercounselorde@gmail.com.

COFFEE NOW IN FELLOWSHIP HALL: We are excited to be able to offer coffee, tea, and hot chocolate on Sunday mornings. You can find these refreshments in Fellowship Hall. We are thankful for Donna Hill and her service to Avenue in providing this act of hospitality each week.

JOB OPENINGS - NURSERY WORKERS: We are looking to re-open our nursery and are in need of additional nursery attendants. Interested parties must be available on Sundays from 8:30 a.m. through Noon. Attendants must complete a background check. CPR certification is recommended. This is a paid position. Please email your resume and a cover letter to srlamotte@avenueumc.com

CONFIRMATION 2022 | A FIRM FOUNDATION: We are calling out to all 7th and 8th grade students as we prepare to begin a new year of Confirmation Classes. Confirmation is a journey for 7th/8th grade students to explore what it means to be a Christian and to have the opportunity to claim their faith on their own and becoming a member of Avenue United Methodist Church.

Classes will begin in November and we will meet at least once a month on Sundays at 5:00 p.m. Confirmation students are expected to attend all classes (there is some grace) and be a regular participant in worship. Students will have some work to do during the process, and we'll have a good time while we are at it. Students will be confirmed on June 5, 2022, which is Pentecost Sunday.

Please email Pastor Steve at srlamotte@avenueumc.com to register for Confirmation Class 2022.

MILFORD LIONS CLUB: Milford Lions Club is collecting used eyeglasses. There is a donation box in the coat closet.

MEAL TRAIN AT AVENUE: Health Ministries is looking for folks in the Avenue family who like to cook and would like to prepare meals for those who are sick, who have had loved ones pass, or who have had new babies as a way to care for one another. If you would like to receive emails when we need meals, you can email Sharon at sharonclendaniel@msn.com or call at (302) 390-6368.

AVENUE PRESCHOOL: Avenue Preschool has an opening for a teacher in the beginners program. You must be certified in early childhood education to apply. The hours are Monday - Friday from 8:30 a.m.—12:30 p.m. with summers off. Please email your resume to office@avenuepreschool.org.

MILFORD COMMUNITY PANTRY: We will open at **11:00 a.m. and close at 2:00 p.m. on Tuesday and Thursdays**. We have not been busy on Fridays so we will see if the Thursday works for more folks than Friday. We are so appreciative of the help we get from everyone at Avenue; help with food, money and volunteer hours.

Thank you for all the support you give The Milford Community Pantry. Some of you ask what our needs are and right now they are: cereal, peanut butter and size 6 diapers (we have plenty of all the other sizes). **Thank you for the paper bags but right now we have plenty. We do need plastic newspaper bags.**

NEW PEW BIBLES: Scripture and the oral tradition of reading Scripture in Christian worship has been around since the early church of the 3rd and 4th centuries. United Methodists share with other Christians the conviction that Scripture is the primary source and standard for Christian doctrine. **Through Scripture the living Christ meets us in the experience of redeeming grace.** We are convinced that Jesus Christ is the living Word of God in our midst whom we trust in life and death. The biblical authors, illumined by the Holy Spirit, bear witness that in Christ the world is reconciled to God. The Bible bears authentic testimony to God's self-disclosure in the life, death, and resurrection of Jesus Christ as well as in God's work of creation, in the pilgrimage of Israel, and in the Holy Spirit's ongoing activity in human history. The Bible is sacred canon for Christian people, formally acknowledged as such by historic ecumenical councils of the church. Our doctrinal standards identify as canonical thirty-nine books of the Old Testament and the twenty-seven books of the New Testament.¹

Over the past two years, Pastor Steve has been encouraging us to open and read our Bibles in worship. Do not just read the words on the screens, but fully immerse ourselves in the text of

the printed Word. The translation of the pew Bibles over the past 30 years has been the Revised Standard Version [RSV], but the translation that Avenue Church has been orally reading for the past 15 years has been the New Revised Standard Version [NRSV]. In an effort to bring the printed pew Bible in line with the oral tradition of Avenue Church, we need your support and help. The Pastoral Staff is looking to replace the pew Bibles with the NRSV. If you would like to help with this, please contact Kevin Chamberlain. The total project will cost \$1,500 (\$10.50 each).

¹ The Book of Discipline of The United Methodist Church 2016. Copyright 2016 by The United Methodist Publishing House. Used by permission.

UMW—UPDATES: Avenue United Methodist Women want to **Thank you** everyone for the tremendous response in collecting items for **UMCOR Hygiene Kits**. We have more than expected and we know that the people going through floods, hurricanes and other disasters will use them and be grateful for them. We are not quite finished yet. We need to “properly” assemble them according to UMCOR directions to make sure that they are acceptable. On **Saturday, November 6th from 9:00 a.m. to noon we will be working on the kits**. Everyone is invited to participate in this hand-on activity in Fellowship Hall. Just show up!

United Methodist Women meet monthly in small groups and circle meetings at Avenue Church. Esther Circle meets on the 2nd Wednesday of each month at 7:00 p.m. and Sarah Circle meets on the 3rd Wednesday at 10:00 a.m. If you think you might be interested in being part of a mission minded group of women, please plan to come to one of these meetings. You will be welcome and lifted up. For further information, please call Beth Parker at (302) 382-5581 or bparke42@comcast.net.

DISCIPLESHP OPPORTUNITIES

SUNSHINE BIBLE CLASS: The Sunshine Bible Class for adults led by Rev. John Van Tine, retired, is meeting in the Grier Room at 10:15 a.m. Our study for November is “The Fellowship of the Table.” The lesson for November 7th is “Shared Abundance” based on John 6:1-15; November 14th lesson is “A Meal of Reconciliation” based on I Samuel 25:2-39; November 21st lesson is “Communion Connections” based on I Corinthians 11:17-34; and November 28th lesson is “Come to the Banquet” based on Isaiah 25:6-10; 55:1-3. Plan to join us in the Grier Room for these exciting lessons.

SISTERS BIBLE STUDY: On **November 9th**, we will start a new 4 week study “Incarnation” by Adam Hamilton. Join us and bring a friend. Study begins at 10:00 a.m. in the Grier Room, so please be a few minutes early.

CODE PURPLE: Code Purple Training will be on **November 4th** in Fellowship Hall at 7:00 p.m. The CODE PURPLE season is quickly approaching. CODE PURPLE provides shelter for homeless men and women during the winter months. This will be the fifth year that Avenue has been a CODE PURPLE site for homeless men in the Milford area. Avenue provides shelter in the Wesley Room from December 1st through March 15th.

We desperately need male volunteers to be overnight host at Avenue Church. Each shift is from 8:15 p.m. until 7:00 a.m. Arrangements can be made in the morning if you need to leave earlier than 7:00 a.m.

There will be a training for those who are interested in serving at the Avenue Shelter (Men) or the Milford Church of the Nazarene Shelter (Women) on November 4th from 7:00-9:00 p.m. If you are interested in serving, please contact Tom Chilton at chilto@aol.com

SMALL GROUPS HAVE STARTED: Small Groups are up and running. If you missed the opportunity to join a NOT A FAN group, you can begin this week. However, we are out of books, so you'll need to order your own book off of Amazon. Our small group schedule is:

Monday @ 10:30 a.m. | Led by Dawn Kenton | Avenue Church
Monday @ 7:00 p.m. | Led by Gary Powers | Avenue Church
Wednesday @ 10:30 a.m. | Led by Tita Lewis | Avenue Church
Wednesday @ 7:00 p.m. | Led by Dan Nelson | Avenue Church

There are other opportunities for spiritual growth and fellowship as well.

- Sundays @ 10:30 a.m. | Sunshine Sunday School Class led by John Van Tine in the Grier Room
- Tuesdays @ 10:00 a.m. | Sister's Bible Study led by Ginny Van Tine and Brenda Powers in the Grier Room

Vaping and Popcorn Lung Stephen R Broderick, M.D.

“Popcorn lung” is another name for bronchiolitis obliterans (BO), a rare condition that results from damage of the lungs’ small airways. BO was originally discovered when popcorn factory workers started getting sick. The culprit was diacetyl, a food additive used to simulate butter flavor in microwave popcorn.

Diacetyl is frequently added to flavored e-liquid to enhance the taste. Inhaling diacetyl causes inflammation and may lead to permanent scarring in the smallest branches of the airways — popcorn lung — which makes breathing difficult. Popcorn lung has no lasting treatment. There are, however, treatments that manage BO symptoms, such as:

- Coughing
- Wheezing
- Chest pain
- Shortness of breath

Vaping-Related Lipoid Pneumonia

Unlike the classic pneumonia caused by infection, lipoid pneumonia develops when fatty acids (the building blocks of fat) enter the lungs. Vaping-related lipoid pneumonia is the result of inhaling oily substances found in e-liquid, which sparks an inflammatory response in the lungs. Symptoms of lipoid pneumonia include:

- Chronic cough
- Shortness of breath
- Coughing up blood or blood-tinged mucus

“There’s isn’t a good treatment for lipoid pneumonia, other than supportive care, while the lungs heal on their own,” says Broderick. “The single-most important thing you can do is identify what is causing it — in this case vaping — and eliminate it.”

Primary Spontaneous Pneumothorax (Collapsed Lung) After Vaping

Primary spontaneous [pneumothorax](#), or collapsed lung, occurs when there’s a hole in the lung through which oxygen escapes. This can be the result of an injury — such as a gunshot or knife wound — or when air blisters on the top of the lungs rupture and create tiny tears. On their own, these blisters don’t typically produce symptoms. You don’t know you have them, unless they rupture. Smoking — and now vaping — are associated with an increased risk of bursting these blisters, leading to lung collapse.

“At Johns Hopkins, we’re seeing a rash of collapsed lungs in younger people,” reports Broderick. “We always ask if they’ve been smoking, and they’ll often say, ‘No, I don’t smoke. But I do vape.’ Now we tell patients not to smoke or vape if they want to avoid another lung collapse and surgery in the future.”

Signs of a collapsed lung include:

- Sharp chest or shoulder pain
- Shortness of breath
- Difficulty breathing

Oxygen treatment and rest may be all that’s need for a collapsed lung to heal. But more advanced cases require a chest tube to drain leaked oxygen from the body cavity or surgery to repair the hole in the lung.

Can Vaping Cause Lung Cancer?

Cancer is definitely a concern, given that vaping introduces a host of chemicals into the lungs..

"We do know that smoking tobacco forces tiny particles to be deposited deep in the bronchial tree and can lead to the development of cancer. The same may be true for vaping," says Broderick.

Secondhand Vapor Isn't Safe Either

It's a myth that secondhand emissions from e-cigarettes are harmless. Many people think the secondhand vapor is just water, but this couldn't be farther from the truth. The vapor emitted when someone exhales contains a variety of dangerous substances, which may include:

- Nicotine
- Ultrafine particles
- Diacetyl- food additive used to deepen e-cigarette flavors and is know to damage small passageways in the lungs.
- Formaldehyde: Toxic chemical can cause lung disease and contribute to heart disease
- Benzene (a chemical found in car exhaust)
- Acrolein: Toxid chemical most often used as a weed killer

Other common substances found in e-liquid or produced when it's heated up may also pose a risk to the lungs.

<https://www.hopkinsmedicine.org/health/wellness-and-prevention/what-does-vaping-do-to-your-lungs>



"Teach me good judgment and knowledge for I believe in thy commandments. 67 Before I was afflicted I went astray; but now I keep thy word." ~ Psalm 119:66-67



Thanksgiving Blessings

You can *bless a family*
in our church or community
this year with a complete meal
for Thanksgiving.

Our GOAL for 2021 is 85 Thanksgiving meals.

Here are 3 different ways you can donate:

\$20 (turkey)

\$30 (non-perishable items)

\$50 (complete meal)

Simply mark a check or an envelope
“Thanksgiving Blessings” or designate donation.

Funding is needed by

Sunday, November 21st



TRAINING FOR EMERGENCY HOMELESS SHELTER VOLUNTEERS!



COME BE PART OF THE SOLUTION - JOIN OUR TEAM!

CHOOSE THE LOCATION THAT WORKS BEST FOR YOUR SCHEDULE
(Training events take place from 7pm-9pm)

Each training includes Narcan and De-Escalation segments.

Oct.19: Georgetown Presbyterian, 203 N. Bedford, Georgetown, DE

Nov. 4: Milford Ave UMC, 20 N Church Ave, Milford, DE

Nov. 9: The CROSS, 703 East King Street, Seaford, DE

Nov. 16: Milford Nazarene, 11 Salevan PL, Milford, DE

TBA – Cape Region Troop 7
TBA – CPR Training

Most of our emergency winter sanctuaries are open nightly Dec. 15 - March 15. Volunteers are needed for intake, overnight, morning relief, cleanup, and laundry. **We have a potential need of 132 volunteers to fill each night just to provide basic coverage during the season!** To sign up for volunteer opportunities, go to <http://codepurplesussexcounty/volunteers>

Last year we served @250 homeless individuals (all ages). Each guest is uniquely homeless...each one is vulnerable...each one matters!



Code Purple Hotline: 302-519-0024

PO Box 542 - 703 E King St, Seaford

Love INC Clearinghouse phone line:
302-629-7050

Like us on Facebook: <https://www.facebook.com/codepurplesussexcounty/>

Miracle on Bethlehem Street

A Musical for All Ages

OPEN TO THE COMMUNITY

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Families with children . . .

youth . . . single adults . . . senior adults . . .

ONLY 4 REHEARSALS

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PRESENTATION

Sunday, December, 12th at 4:00PM

For more information, contact Kevin Chamberlain KBChamberlain@avenueumc.com



CONGRATULATIONS To:

- Larry and Lynne Pusey, on the birth of their son, Mason Andrew, on October 23, 2021.
- Patrick and Chantel Helmick on the birth of their son, Noah Patrick, on October 27, 2021.

SYMPATHY To:

- The family and friends of Bob Cage who passed away on October 25, 2021. Bob joined Avenue on November 17, 2019.
- The family and friends of Cynthia Jones who passed away on October 26, 2021. Cynthia joined Avenue on December 7, 1980.

PLEASE KEEP IN YOUR PRAYERS:

- Those affected by the COVID-19, Medical Staff, and distributing the vaccine.
- Our local, national, and world leaders.
- Our District Superintendent (Rev. Joseph Archie), Bishop LaTrelle Easterling, and The United Methodist Church.
- The Pastors, Staff, and Leadership of Avenue United Methodist Church.
- Kidnaped missionaries in Haiti.

PRAYER REQUEST:

Rachel Ballard
Frank & Frances Beebe
Brenda Beissel
Dale Brandon
Charlene Johnson Cannon
Lydia Castro
Adriel Castro and family
Alex Castro and family
Mary Charnick
Jack & Denny Collins
Luisa & Billy Combs
Lauren Connell
Susan Cooper
Craig
Rick Crump
Julie Dally
Joanna Denney-Turner
Michael Dougherty
William Ernst
Ken Fechter
Charlie & Barbara Fleetwood
Jayne Frank
Jason, Joanna & Garrett
Franklin
Todd French
Gail & Jeffrey
Tom Glenn
Connie Grieship
Alina Guido
Matt Hall
Al Hanna
Sam Hanna
Dave Harris

Beverly Harrison
Karl Isele
Ron Ivory
David Johnson
Dean Johnson
Justin
Chris K.
Linda Kemp
Doris Koon
Rhoda & Greg Kurz
Jean Layton
Jean Layton's grandson
Nancy Lee
Brittany Poore Little
Jack & Zelda McDuff
Reagan McGovern
Donna Meck
Sonny Meck
Tiffany Medlin
Megan
Susie Miller
Orville Mills
Stan Moody
Susan Morgan
Jean Murphy
Jason Neall
Larry Passwaters
Laurel Pastor
Patty R
Millie Remick
Roy Rigby
Dick Roberts
Lorna Rosella Rulona

Phil Saint
Richard Sapp
Vicki Schultes
Alice Sellers
Roland Simms
Racheal Simesak
Linda Singleton
Samuel Smith
Jacqueline Stokes
Tamara
Brenda Thompson
Joan Wadman
TJ Webb
Josh Willey
Dorothy Yates
Betty Ziesel