



AVENUE
UNITED METHODIST CHURCH

The Midweek

Wednesday, March 23, 2022

Awaken Delmarva

This Saturday, I am part of a team leading a worship and prayer event for clergy and Christian leaders that Avenue will host. It is a small, ecumenical group that is gathering to seek a spiritual awakening for our churches and communities on Delmarva. For many, it will be the first time in two years that they have worshipped with clergy face-to-face.

I think we all long for spiritual awakening in our churches and communities. We want to see spiritual renewal and revival. We desire to see relationships restored and lives transformed. We may regularly pray for revival as we wait for God to move.

Renewal in our communities and our church begins with our own personal renewal. While we pray for renewal in our communities (and we should), we must also pray and take hold of our personal renewal. This begins by recognizing our own need for renewal. When we recognize our need, it leads us to repentance. We will not experience collective renewal without personal renewal.

The season of Lent is a time of self-examination and repentance that is meant to lead to a renewal and resurrection of Easter. Let us take time throughout the next days and weeks to pray for renewal and awakening in

our own lives as a way to see awakening in our communities. Let there be an Awakening on Delmarva!

Sow Much Love,

Pastor Steve

COMFORT AND CARE CARDS FOR MARCH

In the Gospel of Matthew Jesus says, “Come to me, all you that are weary and carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.” (NRSV)

When we look at the ministry of caring for our shut-ins and those who are unable to live their life in Christ in a way they would like, Jesus is asking His disciples to fill in the gap. In this time of Pandemic, it has been challenging. So we are starting a “Care Card Ministry” here at Avenue United Methodist Church. We will be giving you the names and addresses of three members of our congregation for everyone to send a “Thinking of You” card. I also encourage you to write a personal note on the inside of the card.

The names will be in the bulletin and also in the Mid-Week. If you have any questions let me know.

Blessings,

Dan Holt
Pastor of Congregational Care.

Beverly Harrison
c/o Milford Place
500 S. DuPont Hwy
Milford, DE 19963

Fran Johnson
c/o Milford Place
500 S. DuPont Hwy
Milford, DE 19963

Louise Sipple
c/o Westminster Village
1175 McKee Rd
Dover, DE 19904

Lent-End Celebration

Sunday, April 10th

1:00-3:00 p.m.

Join us for an Easter-Themed
crafts and fun for the whole family.

Register Here:

<https://avenueumc.tiny.us/easter2022>



Holy Week @Avenue

April 10

Palm Sunday

Worship at 9:00 and 10:30 a.m.

April 14

Holy Thursday

6:30 p.m.

April 15

Good Friday

6:30 p.m.

April 17

Easter Sunday

6:30 a.m. Sunrise Service

9:00 a.m. Traditional Service

10:30 a.m. Contemporary Service

avenueumc.com



ANNOUNCEMENTS

WORSHIP ON SUNDAY: Worship is held each Sunday in-person or online at 9:00 a.m. (Traditional) and 10:30 a.m. (Contemporary). We are streaming the morning worship services on our Facebook (facebook.com/avenueumc) and Youtube (youtube.com/c/avenueunitedmethodistchurch) pages.

GIVING AT AVENUE is possible through multiple ways.

- You can give your offering in-person
- You can mail your gift to: 20 N. Church St. Milford, DE 19963
- You can give online through the red “give” button on our homepage
- You can download and use our “Avenue Church DE” App on your smart phone

PASTORAL CARE: If you or someone you know is in need of pastoral care, please call the church office at 422-8111 or by contacting Dan Holt, our *Pastor of Congregational Care*. You can email Pastor Dan directly at dholt@avenueumc.com.

YOUNG ADULT ROUNDTABLE: We will have our next Young Adult Gathering on **Sunday, April 3rd** from 11:45 a.m. until 1:00 p.m. in the Wesley Room. If you are 18-35, come join us as we begin building the foundations of a strong Young Adult Ministry at Avenue Church. Please RSVP to Pastor Steve by emailing srlamotte@avenueumc.com.

COFFEE AND CONVERSATIONS: You can join the ministry team at Avenue Church on the 2nd Sunday of the month for *Coffee and Conversations* from 11:45 a.m.—12:30 p.m. in Fellowship Hall. While this time is especially geared to new attendees, this is a time to meet and interact with Avenue’s ministry team. No reservation is needed. We look forward to seeing you on **April 10th**.

HOLY WEEK SCHEDULE: Holy Week is the week that begins with Palm Sunday and ends with Easter. It is a time to remember Jesus’ life, death, and to celebrate the resurrection. There are many opportunities to gather during Holy Week.

April 10th Palm Sunday Worship Services (9:00 a.m. and 10:30 a.m.)
Lent-end Celebration (1:00 p.m.)

April 14th Final Lenten Organ Recital (12:30 p.m.)
Holy Thursday Service (6:30 p.m.)

April 15th Good Friday Service (6:30 p.m.)

April 17th Sunrise Service (6:30 a.m. under the tent)
Traditional Easter Worship (9:00 a.m.)
Contemporary Easter Worship (10:30 a.m. under the tent)

LENT-END CELEBRATION: On **Sunday, April 10th** from 1:00 p.m.-3:00 p.m. Avenue will be hosting an Easter-themed event for the whole family. Families will explore the story of Easter through activities, crafts, and a lot of fun. Please sign up by clicking on <https://avenueumc.tiny.us/easter2022>.

PECOMETH WORK DAY: Come out and help Camp Pecometh get ready for a new season of ministry at the Pecometh Workday on **Saturday, April 24th**. Pecometh is our Peninsula-Delaware Conference Camp in Centreville, MD. We will be working together with other churches to help prepare the camp for summer. Each participant will receive an Avenue T-shirt and lunch from Camp Pecometh. Please RSVP by emailing Julia Shultz at Shultz.jf@gmail.com by **April 4th**.

SCHOLARSHIPS: Avenue offers several scholarships to graduating seniors. This year we have an electronic application that is available on our website www.avenueumc.com/scholarships. Scholarship applications are due on **April 25th**.

2022 GRADUATES: If you have a family member that is graduating (high school/college) and would like them in the bulletin and midweek, please send an email to Kelly at churchoffice@avenueumc.com with their information (college/future plans) and a picture. We will be listing the 2022 graduates on May 22nd and May 25th.

MEAL TRAIN AT AVENUE: Health Ministries is looking for folks in the Avenue family who like to cook and would like to prepare meals for those who are sick, who have had loved ones pass, or who have had new babies as a way to care for one another. If you would like to receive emails when we need meals, you can call (302) 422-8111 or send an email to healthministry@avenueumc.com.

MILFORD COMMUNITY PANTRY: As we begin a new year I want to send a message of gratitude to everyone who supports the Pantry. Your prayers, your help, your donations all make a difference in our success. Remember to use [Smile.amazon.com](https://www.smile.amazon.com) and select Milford Community Pantry, Delaware when ordering. Once you set it up you don't need to enter the Pantry; Amazon knows who you support... isn't that great!!

UMCOR ASSISTANCE IN UKRAINE: We have all been watching the news of Russia's invasion of Ukraine and wondering how we can help beyond prayer. The United Methodist Committee on Relief (UMCOR) has ministries on the ground in Ukraine and Europe that are receiving funds to assist those displaced by the war. 100% of donations made to UMCOR go where they are directed, so you can be sure that your dollars are going to work. If you would like to donate to UMCOR, please make a check out to Avenue United Methodist Church with “**Advance #982450**” in the memo line. You can also give online by selecting “UMCOR-Ukraine” from the fund options. Thank you for your generosity.

GROWTH GROUPS

KNOW . . . GROW . . . GO

Growth groups are groups where we learn, grow, and do life together. They meet once a week and are a great way to get to know each other and be challenged to grow in our spiritual journey.

MONDAYS

7:00 pm Defiant Joy @ Home in Milford. Led by Donna Yates. Women's Group. In this six-session video Bible study, author Candace Payne (aka "Chewbacca Mom"), reveals her personal secrets and biblical insights to unshakable joy that no circumstance can take away, and how you can discover and experience the same.

TUESDAYS

10:00 a.m. @ Church Sisters Bible Study. On **April 26th** we will be starting a new study "Word of Life" by Adam Hamilton.

6:30 p.m. @ Church The Christian Atheist: Believing in God but living as if He doesn't exist led by Lloyd Webb. This is a 4-week study that will challenge us to take a serious look at what we say that we believe and how we actually live it out. We will meet in the Holzmüller Room.

6:30 p.m. @ Church The Grace of Les Misérables led by Kevin Chamberlain. A 6-week study exploring grace, justice, poverty, revolution, love and hope in Victor Hugo's epic story and our faith. We will meet in Fellowship Hall.

WEDNESDAYS

9:30 a.m. @ Church Your Life in Christ led by Tita Lewis & Harriet Davies. This is a 5-week study that is great for those who are exploring faith, starting the faith journey, or want to have a "basics" refresher. We will meet in the Holzmüller Room

6:30 p.m. @ Church The Gospel of Luke led by Pastor Steve. 8-week study exploring the life and ministry of Jesus according to the Gospel of Luke. We will meet in the Grier Room.

6:30 p.m. @ Home (right next to the church) Weird led by Pastor Neyda. Are we willing to be weird in a world where "normal" isn't working? 6-week study.

6:30 p.m. @ Church Secret Thoughts of an Unlikely Convert led by Dan Nelson. This group will discuss the author's spiritual journey from atheism to a transformed life. We will meet in the Holzmüller Room.

SUNDAYS

10:15 a.m. @ Church Adult Sunday School led by John Van Tine. Studying the Bible together. Ongoing group.

LENTEN ORGAN RECITALS

12:30-1:00 PM

March 3, 2022 – *Ned Perwo*

Holy Trinity Lutheran Church, Manasquan, New Jersey

March 10, 2022 – *T. J. Thomas*

St. Peter's Episcopal Church, Lewes

March 17, 2022 – *Michael Stefanek*

Asbury United Methodist Church, Salisbury, Maryland

March 24, 2022 – *Herb Parkes*

Christ Episcopal Church, Milford

March 31, 2022 – *Jon Rania*

All Saints' Episcopal Church, Rehoboth Beach

April 7, 2022 – *Bill Mathews*

New Castle United Methodist Church, New Castle

Avenue United Methodist Church
20 N. Church Street
Milford, DE 19963

avenueumc.com

For more information contact:
Kevin B. Chamberlain
KBChamberlain@avenueumc.com



Family Health History of Colorectal (Colon) Cancer

Having a family health history of colorectal cancer makes you more likely to get colorectal (colon) cancer yourself.

Lynch syndrome, also known as hereditary non-polyposis colorectal cancer (HNPCC), is the most common cause of hereditary colorectal (colon) cancer. Lynch syndrome is due to inherited changes (mutations) in genes that affect DNA mismatch repair, a process that fixes mistakes made when DNA is copied. Colorectal cancer also can be caused by mutations in genes other than those related to Lynch syndrome. This means that some families with a history of colorectal cancer will not have mutations in a Lynch syndrome gene. These mutations might be picked up through genetic testing using multigene panels, which look for mutations in several different genes at the same time.



People with Lynch syndrome are more likely to get colorectal cancer and other cancers, and at a younger age (before 50), including:

- Uterine (endometrial),
- Stomach,
- Liver,
- Kidney,
- Brain, and
- Certain types of skin cancers.

Knowing your family health history of colorectal cancer and sharing this information with your doctor can help you take steps to lower your risk. If you have multiple relatives who have been diagnosed with colorectal cancer or relatives who have been diagnosed at a young age (before age 50), your doctor may change your medical management to prevent colorectal cancer or catch it as early as possible. If you have been diagnosed with colorectal cancer, it is important to tell your family members.

Based on current recommendations, most people start colorectal cancer screening at age 50, but if you have a family history your doctor may recommend the following:

- Colonoscopy starting at age 40, or 10 years before the age that the immediate family member was diagnosed with cancer,
- More frequent screening,
- Colonoscopy only instead of other tests, and
- In some cases, genetic counseling.

If you are concerned about your personal or family health history of colorectal cancer, talk to your doctor. [Office of the Associate Director for Science \(OADS\), Genomics and Precision Public Health](#)

**“I have set the lord always before me; because he is at my right hand, I shall not be shaken.”
Psalm 16:8**

I've heard friends talk about Zumba. What does it involve, and is it an effective workout?

Answer From Edward R. Laskowski, M.D. Mayo Clinic

Zumba is an aerobic activity that can count toward the amount of aerobic activity recommended for most healthy adults by the Department of Health and Human Services.

Aerobic exercise can reduce health risks, help maintain a healthy weight, strengthen your heart and boost your mood. If you enjoy Zumba, you are also more likely to do it regularly and experience its benefits as an aerobic exercise.

<https://www.mayoclinic.org/healthy-lifestyle/fitness/expert-answers/zumba/faq-20057883>



Every Thursday from 5:30 PM – 6:30 PM

Classes are being held at Avenue United Methodist Church

Fellowship Hall

LaTasha Gibbs, Instructor

Cost- \$3.00 cash each class!!

Come and join us

What has the Health Ministry Team scheduled for you?

- ♦ Tai Chi Tuesday and Thursday mornings at 9 a.m. in Fellowship Hall (For the quiet stretch exercise) Henrietta Chilton and Rachel Susen instructors. **We will be at Bicentennial Park, 220 NE Front Street, Milford, DE from May 3rd—October 27th.**
- ♦ Zumba Thursday at 5:30 p.m. - 6:30 p.m. for **\$3.00** a class (fast Pace exercise) La Tasha Gibbs, instructor
- ♦ Friday, April 1st have brunch with an attorney from Procino-Wells & Woodland, LLC for Estate Planning. Please be here no later than 10:15 a.m. Meeting starts at 10:30 a.m.

⇒ Review these sites to be prepared to ask your questions

Coffee & Counsel, Elder Law Series: Part One - <https://attendee.gotowebinar.com/recording/661783274085087760>

Coffee & Counsel, Elder Law Series: Part Two - <https://attendee.gotowebinar.com/recording/1646140850215671564>

Coffee & Counsel, Elder Law Series: Part Three - <https://attendee.gotowebinar.com/recording/164116823872630022>

- ♦ May 5th from 12 p.m.—5 p.m. we will be sponsoring a Blood Drive with the Blood Bank of Delaware. Here is the direct site to sign up https://donate.bbd.org/donor/schedules/drive_schedule/8055



BAYHEALTH NEEDS YOU!

Bayhealth is conducting a community health assessment survey to determine what services are needed locally.

Please copy and paste the following link, <https://www.surveymonkey.com/r/FPFLFB5> into your web browser and complete a short survey by **April 30, 2022**.

Once completed, Bayhealth will enter you into a drawing to win a \$100 gift card!!!

**Blood Bank Blood Donation
Avenue United Methodist Church
May 5, 2022 12-6 PM**

How Do I Sign Up?

Go to this web site

https://donate.bbd.org/donor/schedules/drive_schedule/8055

Mobile Drive Schedule
Avenue United Methodist Church

Thursday, May 05, 2022
12:00 pm - 06:00 pm
Primary Blood Drive Coordinator
Ms. Cindy Horsman
20 N. Church St.
Reception Hall
Method, TN 38001

12:00 pm (1 Available)
12:15 pm (2 Available)
12:30 pm (2 Available)
12:45 pm (2 Available)
01:00 pm (2 Available)
01:15 pm (2 Available)
01:30 pm (1 Available)
01:45 pm (2 Available)
02:00 pm (1 Available)
02:15 pm (1 Available)
02:30 pm (1 Available)
02:45 pm (1 Available)
03:00 pm (2 Available)
03:15 pm (2 Available)
03:30 pm (2 Available)
03:45 pm (2 Available)
04:00 pm (2 Available)

Select the time you want.

Fill out the information using your name and telephone number. Select confirm.

Now you are scheduled!!

You will receive an email confirming your appointment.

If you have any questions, please contact me, Cindy Horsman, RN Faith Community Nurse at 302-422-8111.

See you May 5th. Please bring your friends! We want to fill up all the slots!!

“Don’t forget to do good and to share what you have because God is pleased with these kinds of sacrifices.” ~ Hebrews 13:16



SAVE THE DATES
EASTER CANDY
&
BAKE SALE

PALM SUNDAY WEEKEND

April 8th & 10th

Friday 9am—3pm
Sunday after both services

Presented by the Ladies of Avenue.
All proceeds to be used for missions
supported by the Avenue Methodist Women.

Our Church is blessed by all
the wonderful cooks that share
their talent and time to bless others.

HOPE TO SEE YOU THERE!

Easter Flower Order Form

The Sanctuary is never prettier than it is when the spring flowers arrive for Easter. Placing Lilies and Tulips in the church in memory or honor of loved ones is a beautiful and cherished tradition.

This year we will again only be ordering 6" pots of Lilies and Tulips at \$8.00 each. All additional funds will go to the Parish Purse.

Sponsor's

Name _____

Memory

of _____

Honor

of _____

The cost of the Lilies and Tulips are \$8.00 each

Lily _____



Tulip _____



Please use a **separate order form**

For each name in memory of or honored

Please Print Clearly

Names of sponsors and those remembered and honored will be in the Easter Sunday Bulletin

Please make checks payable to Avenue United Methodist Church

Orders must be in no later than April 13th

ANNIVERSARY GREETINGS TO:

- **Norm & Millie Remick** who will celebrate their **71st** anniversary on **March 24th**.

SYMPATHY TO:

- The family and friends of Harry G. Greenly, Jr who passed away on March 10, 2022.
Harry joined Avenue on April 7, 1963.
- The family and friends of David Sockrider who passed away on March 13, 2022.
David joined Avenue on April 10, 1960.
- The family and friends of Justice Randy J. Holland who passed away on March 15, 2022.

PLEASE KEEP IN YOUR PRAYERS:

- Those affected by the COVID-19 Pandemic.
- Our local, national and world leaders.
- Our District Superintendent (Rev. Joseph Archie), Bishop LaTrelle Easterling, and The United Methodist Church.
- Our Pastors, staff, and leadership of Avenue United Methodist Church.

PRAYER REQUEST:

Carol Badenoch
Brenda Beissel
Adam Berry
Dane Brittingham
Luisa & Billy Combs
Linda Contrill
Bill & Kristen Conway and family
Rick Crump
Charlie & Barbara Fleetwood
Bill Gaskill
Vayda Gaskill
Sam Hanna
Beverly Harrison
Jerry Jackson
David Johnson
Dean Johnson
Johnny
Chris K
Wayne Klaus
Jack & Zelda McDuff

Joanne McKay
Brian McMullen
Patrick Murphy
Diane Parrilli
David and Judy Passwaters
Ron Payne
Millie Remick
Bill Smar
Sandy S.
Samuel Smith
Tom
Kathleen Tracy
Dianne Verkade
Joan Wadman
Dennis Yates
Jon Zaimes