



AVENUE
UNITED METHODIST CHURCH

The Midweek

Wednesday, April 6, 2022

Christian Karaoke

Therefore, let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe...

Hebrews 12:28 (ESV)

How many of you like Karaoke? I love music, singing, and dancing, so I am always up for some fun karaoke. If you have tried it, you know that sometimes, as the words come up on the screen you are often surprised by what the song actually says. Sure, we bop our heads or tap our toes to the beat and maybe even mumble some of the lyrics of our favorite songs. Nevertheless, it is revealing to see the lyrics, word by word. In some cases, you realize this song may be fun but it is not that appropriate, after all. I'm an 80's & 90's fan, so sometimes those old dance/hip-hop tunes can be rough, and let's not get into some of the hard rock/alternative lyrics, either. When you are confronted with the ACTUAL lyrics and not just the catchy tune, hook, riff, or chorus, you realize you might have to edit your playlist.

Sometimes we get used to hearing a song so much, we just sing it on auto-pilot.

This can happen with worship, too. Sometimes we approach worship as a routine of singing some songs, reading/saying some prayers and listening to Scripture. Before we know it, worship in song can be much like Christian Karaoke. We read the words on the screen, hum or sing the tune but do not really fully take in what the lyrics are saying or are not in awe of the God that they are

written about and for.

As we read about Jesus' Triumphal Entry and the throngs of people that hailed, hollered, and "hosanna"ed let us examine why and how we worship. Let us not focus on the catchy tune or chorus, the elaborate musical beauty, the heart thumping beat, the intense crescendos. I often hear, "I prefer hymns", "I prefer contemporary", "I prefer thrash", "I prefer silence". Let us not fall into being so obsessed with the form that we forget the function and purpose of singing and all that we do in worship. Let us not mumble the words, without really thinking about what they are saying, without who we are saying them to and about. When we come together, let us stand in awe and attribute the true and beautiful praise that our Lord is worthy of. Let our hearts be moved by His greatness, touched by His mercy and overwhelmed by His love. He seeks not amazing performances, but is pleased by sincere hearts. Can't wait to worship HIM with you on Sunday!

Pastor Neyda

Stay or Go | Real Talk for United Methodist Exploring the Future

The United Methodist Church has been at an impasse in regards to our future. This impasse centers around our doctrines and teachings on human sexuality. The pandemic over the last two years has made it difficult to have a General Conference, which is the Church's decision-making body. General Conference was delayed in 2020, 2021, and in 2022. One of the major pieces of legislation on the table for the General Conference is a document towards an amicable separation within the United Methodist Church.

The Peninsula-Delaware and Baltimore-Washington Conferences are hosting a Zoom webinar on **Saturday, April 23rd** beginning at 9:00 a.m. to share information about where the United Methodist Church is, and where the church may be heading. There will be representatives from **UMNEXT** and **The Wesleyan Covenant Association**. Each group will share their hopes and visions for the future after separation.

You can submit questions to lowershore2021@gmail.com and topics for conversation will be shaped to answer as many questions as possible. The session will not address the process for disaffiliation or the history of how we arrived at this point. This session will be a time for UMNEXT and WCA to share their hopes and dreams for the future church.

You must pre-register for the session in order to receive the ZOOM link. You can pre-register by following this link: https://bwcumc.zoom.us/webinar/register/WN_onJr6Fj3QQuYDXH8-2iiMQ

COMFORT AND CARE CARDS FOR APRIL

In the Gospel of Matthew Jesus says, “Come to me, all you that are weary and carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for you souls. For my yoke is easy, and my burden is light.” (NRSV)

When we look at the ministry of caring for our shut-ins and those who are unable to live their life in Christ in a way they would like, Jesus is asking His disciples to fill in the gap. In this time of Pandemic, it has been challenging. So we are starting a “Care Card Ministry” here at Avenue United Methodist Church. We will be giving you the names and addresses of three members of our congregation for everyone to send a “Thinking of You” card. I also encourage you to write a personal note on the inside of the card.

The names will be in the bulletin and also in the Mid-Week. If you have any questions let me know.

Blessings,

Dan Holt

Pastor of Congregational Care.

Ron Payne
c/o Genesis Healthcare
700 Marvel Road
Milford, DE 19963

Joan Wadman
c/o Genesis Healthcare
700 Marvel Road
Milford, DE
19963

Violet Condif
c/o Genesis Healthcare
700 Marvel Road
Milford, DE 19963

Lent-End Celebration

Sunday, April 10th

1:00-3:00 p.m.

Join us for an Easter-Themed
crafts and fun for the whole family.

Register Here:

<https://avenueumc.tiny.us/easter2022>



Holy Week @Avenue

April 10

Palm Sunday

Worship at 9:00 and 10:30 a.m.

April 14

Holy Thursday

6:30 p.m.

April 15

Good Friday

6:30 p.m.

April 17

Easter Sunday

6:30 a.m. Sunrise Service

9:00 a.m. Traditional Service

10:30 a.m. Contemporary Service

avenueumc.com



AVENUE UNITED METHODIST CHURCH

Discipleship Pathway >>>

If you participated in any of our Growth Groups this season, please take some time to give us some feedback about your experience. We want to hear from you! As Avenue becomes a Disciplemaking community, we hope to provide new opportunities for you to Know > Grow > Go! Please click on this link to fill out the online feedback form: Good morning and BLESSINGS!

We are so glad you attended (even if just once) our Growth Group “Your Life in Christ”. As we continue to seek ways to grow and serve you better we value your feedback! Please take a minute to fill out this online Feedback form (just click here): https://docs.google.com/forms/d/e/1FAIpQLSfiUirw3InaA7qwIcfBZi8-oyf6aIaxtyhiz8MkSQ1528MMdQ/viewform?usp=sf_link

Peace and Joy in Him,
Rev. Neyda
Albarrán



ANNOUNCEMENTS

WORSHIP ON SUNDAY: Worship is held each Sunday in-person or online at 9:00 a.m. (Traditional) and 10:30 a.m. (Contemporary). We are streaming the morning worship services on our Facebook (facebook.com/avenueumc) and Youtube (youtube.com/c/avenueunitedmethodistchurch) pages.

GIVING AT AVENUE is possible through multiple ways.

- You can give your offering in-person
- You can mail your gift to: 20 N. Church St. Milford, DE 19963
- You can give online through the red “give” button on our homepage
- You can download and use our “Avenue Church DE” App on your smart phone

PASTORAL CARE: If you or someone you know is in need of pastoral care, please call the church office at 422-8111 or by contacting Dan Holt, our *Pastor of Congregational Care*. You can email Pastor Dan directly at dholt@avenueumc.com.

YOUNG ADULT ROUNDTABLE: We will have our next Young Adult Gathering on **Sunday, May 1st** from 11:45 a.m. until 1:00 p.m. in the Wesley Room. If you are 18-35, come join us as we begin building the foundations of a strong Young Adult Ministry at Avenue Church. Please RSVP to Pastor Steve by emailing srlamotte@avenueumc.com.

COFFEE AND CONVERSATIONS: You can join the ministry team at Avenue Church on the 2nd Sunday of the month for *Coffee and Conversations* from 11:45 a.m.—12:30 p.m. in Fellowship Hall. While this time is especially geared to new attendees, this is a time to meet and interact with Avenue’s ministry team. No reservation is needed. We look forward to seeing you on **April 10th**.

HOLY WEEK SCHEDULE: Holy Week is the week that begins with Palm Sunday and ends with Easter. It is a time to remember Jesus’ life, death, and to celebrate the resurrection. There are many opportunities to gather during Holy Week.

April 10th Palm Sunday Worship Services (9:00 a.m. and 10:30 a.m.)
Lent-end Celebration (1:00 p.m.)

April 14th Final Lenten Organ Recital (12:30 p.m.)
Holy Thursday Service (6:30 p.m.)

April 15th Good Friday Service (6:30 p.m.)

April 17th Sunrise Service (6:30 a.m. under the tent)
Traditional Easter Worship (9:00 a.m.)
Contemporary Easter Worship (10:30 a.m. under the tent)

LENT-END CELEBRATION: On **Sunday, April 10th** from 1:00 p.m.-3:00 p.m. Avenue will be hosting an Easter-themed event for the whole family. Families will explore the story of Easter through activities, crafts, and a lot of fun. Please sign up by clicking on <https://avenueumc.tiny.us/easter2022>.

SCHOLARSHIPS: Avenue offers several scholarships to graduating seniors. This year we have

an electronic application that is available on our website www.avenueumc.com/scholarships. Scholarship applications are due on **April 25th**.

2022 GRADUATES: If you have a family member that is graduating (high school/college) and would like them in the bulletin and midweek, please send an email to Kelly at churchoffice@avenueumc.com with their information (college/future plans) and a picture by **May 11th**. We will be listing the 2022 graduates on May 15th, May 18th, May 22nd and May 25th.

MEAL TRAIN AT AVENUE: Health Ministries is looking for folks in the Avenue family who like to cook and would like to prepare meals for those who are sick, who have had loved ones pass, or who have had new babies as a way to care for one another. If you would like to receive emails when we need meals, you can call (302) 422-8111 or send an email to healthministry@avenueumc.com.

MILFORD COMMUNITY PANTRY: The Milford Community Pantry thanks all of you who support our outreach. Feeding the families who come to us really is a group effort. **Our current needs are cereal and peas plus bar soap.** Hygiene items aren't covered under food stamps so folks are so grateful to find they are included. Thanks for being a partner.

UMCOR ASSISTANCE IN UKRAINE: We have all been watching the news of Russia's invasion of Ukraine and wondering how we can help beyond prayer. The United Methodist Committee on Relief (UMCOR) has ministries on the ground in Ukraine and Europe that are receiving funds to assist those displaced by the war. 100% of donations made to UMCOR go where they are directed, so you can be sure that your dollars are going to work. If you would like to donate to UMCOR, please make a check out to Avenue United Methodist Church with **“Advance #982450”** in the memo line. You can also give online by selecting “UMCOR-Ukraine” from the fund options. Thank you for your generosity.

AUMC YARD SALE IS COMING (AUGUST 4TH – 6TH): Please begin to collect your donations this spring. A planning meeting is scheduled for **Tuesday, April 26th** in the Heritage Room at 6:30 p.m. Please consider volunteering. Contact for more information: Judy Struck - judystruck@comcast.net or Sandy Culotta - swculotta@gmail.com. Many hands make light work. Come join in the fun!!

UNITED METHODIST MEN (UMM) are proud to serve their first Pancake Breakfast of the year on **April 24, 2022**. Pancakes, sausage, scrambled eggs, orange juice, coffee and tea will be **served immediately after both services. This year we will be offering take outs. A free-will offering will be accepted.** Funds from this meal will help provide a Boy Scout college scholarship to a high school graduate from Troop #186. Other mission projects will also be funded. Join us for a most excellent breakfast and fellowship.

CHURCH COUNCIL MEETING: There will be a meeting of the Church Council on **Wednesday, April 20th at 6:30 p.m.** in Fellowship Hall. This will be our meeting for the 1st quarter. All are welcome to attend, but you must be a member of Avenue Church to vote on any business.

NURSERY: We are excited to share that the church nursery will be open for children 0-3 years old each Sunday morning at both services. Our nursery coordinator and assistants have nursery experience and are compliant with our Safe Sanctuary program. Each week, kids will engage with music and activities that begin teaching them about God's love.

GROWTH GROUPS

KNOW . . . GROW . . . GO

Growth groups are groups where we learn, grow, and do life together. They meet once a week and are a great way to get to know each other and be challenged to grow in our spiritual journey.

MONDAYS

7:00 pm Defiant Joy @ Home in Milford. Led by Donna Yates. Women's Group. In this six-session video Bible study, author Candace Payne (aka "Chewbacca Mom"), reveals her personal secrets and biblical insights to unshakable joy that no circumstance can take away, and how you can discover and experience the same.

TUESDAYS

10:00 a.m. @ Church Sisters Bible Study. On **April 26th** we will be starting a new study "Word of Life" by Adam Hamilton.

6:30 p.m. @ Church The Christian Atheist: Believing in God but living as if He doesn't exist led by Lloyd Webb. This is a 4-week study that will challenge us to take a serious look at what we say that we believe and how we actually live it out. We will meet in the Holzmuehler Room.

6:30 p.m. @ Church The Grace of Les Misérables led by Kevin Chamberlain. A 6-week study exploring grace, justice, poverty, revolution, love and hope in Victor Hugo's epic story and our faith. We will meet in Fellowship Hall.

WEDNESDAYS

9:30 a.m. @ Church Your Life in Christ led by Tita Lewis & Harriet Davies. This is a 5-week study that is great for those who are exploring faith, starting the faith journey, or want to have a "basics" refresher. We will meet in the Holzmuehler Room

6:30 p.m. @ Church The Gospel of Luke led by Pastor Steve. 8-week study exploring the life and ministry of Jesus according to the Gospel of Luke. We will meet in the Grier Room.

6:30 p.m. @ Home (right next to the church) Weird led by Pastor Neyda. Are we willing to be weird in a world where "normal" isn't working? 6-week study.

6:30 p.m. @ Church Secret Thoughts of an Unlikely Convert led by Dan Nelson. This group will discuss the author's spiritual journey from atheism to a transformed life. We will meet in the Holzmuehler Room.

SUNDAYS

10:15 a.m. @ Church Adult Sunday School led by John Van Tine. Studying the Bible together. Ongoing group.

LENTEN ORGAN RECITALS

12:30-1:00 PM

March 3, 2022 – *Ned Perwo*

Holy Trinity Lutheran Church, Manasquan, New Jersey

March 10, 2022 – *T. J. Thomas*

St. Peter's Episcopal Church, Lewes

March 17, 2022 – *Michael Stefanek*

Asbury United Methodist Church, Salisbury, Maryland

March 24, 2022 – *Herb Parkes*

Christ Episcopal Church, Milford

March 31, 2022 – *Jon Rania*

All Saints' Episcopal Church, Rehoboth Beach

April 7, 2022 – *Bill Mathews*

New Castle United Methodist Church, New Castle

Avenue United Methodist Church
20 N. Church Street
Milford, DE 19963

avenueumc.com

For more information contact:
Kevin B. Chamberlain
KBChamberlain@avenueumc.com

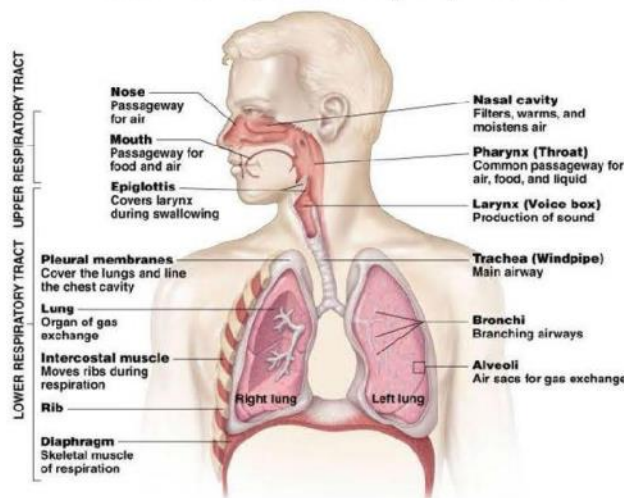


The Respiratory System and COPD

Your lungs are part of the respiratory system, a group of organs and tissues that work together to help you breathe. The respiratory system's main job is to move fresh air into your body while removing waste gases. Inhale oxygen and exhale carbon dioxide (waste).

Be able to label parts of the respiratory system.

The Respiratory System



Chronic Obstructive Pulmonary Disease (COPD)

Chronic obstructive pulmonary disease (COPD) is an inflammatory lung disease that makes breathing harder affecting gas exchange.

Emphysema: A condition that causes the air spaces inside the lungs to become permanently larger and lose their elasticity. This happens because the disease destroys the walls of the tiny air sacs inside the lungs causing less oxygen in the blood.

Chronic bronchitis: More mucus is produced than normal. The mucus builds up and blocks the airways. The airways may become inflamed so there is less space for air.

Chronic Asthma: The airways become inflamed and narrowed. Muscles that surround the airway go into spasms and tighten. Making it hard for air to move.

COPD can be managed with treatment and treatment should be started early on to ensure the best quality of life possible.

Living well with chronic lung disease Krames <https://www.cedars-sinai.org/health-library/diseases-and-conditions/c/chronic-obstructive-pulmonary-disease-copd.html>

“Let everything that has breath, praise the Lord! Praise the Lord!”~ Psalm 150:6

Avenue UMC Loves a Meal Train

By: Sharon Clendaniel

When life gets rough, you can count on Avenue's Health Ministry Team to form a meal train. For many at Avenue, cooking is a love language. Whether it's a plate of biscuits, a warming pot of soup, or a decadent layer cake, homemade food is often how we show people that we care.

There is no better example of this than a Meal Train. Meal Trains are a way for multiple people to coordinate that meal sharing. An organizer, from the Health Ministry team at Avenue, sets up a meal train to ensure that your loved one is fed and helped during their difficult time. The Health Ministry Meal Train team organizes a series of meals, thru Mealtrain.com, an interactive online calendar. Participants sign up, from an invited email sent, to cook and deliver a meal to the recipient in need. When someone is going through a major life event, like the birth of a child, a death in the family, or recovery from an illness, injury, or medical procedure, a meal train is a smart and caring way to make sure that person is well fed and does not have to think about cooking, meal planning, or grocery shopping. A meal train can provide meals for a few days.

The meal train organizer reaches out to the person in need to make sure they do not have any dietary restrictions in their household and finds out when it would be most convenient to drop off food.

A good meal train dish will be something that is portable, easy to reheat, feeds an entire family (if needed) and is comforting.

Sharing a meal is one of many ways we can show love to our church family during life's many events. If you would like to be a part of this ministry, please contact healthministry@avenueumc.com or call 302-422-8111. Thank you!

You can learn more about this online calendar by going to their website, www.mealtrain.com.



I've heard friends talk about Zumba. What does it involve, and is it an effective workout?

Answer From Edward R. Laskowski, M.D. Mayo Clinic

Zumba is an aerobic activity that can count toward the amount of aerobic activity recommended for most healthy adults by the Department of Health and Human Services.

Aerobic exercise can reduce health risks, help maintain a healthy weight, strengthen your heart and boost your mood. If you enjoy Zumba, you are also more likely to do it regularly and experience its benefits as an aerobic exercise.

<https://www.mayoclinic.org/healthy-lifestyle/fitness/expert-answers/zumba/faq-20057883>



Every Thursday from 5:30 PM – 6:30 PM

Classes are being held at Avenue United Methodist Church

Fellowship Hall

LaTasha Gibbs, Instructor

Cost- \$3.00 cash each class!!

Come and join us

What has the Health Ministry Team scheduled for you?

- ♦ Tai Chi Tuesday and Thursday mornings at 9 a.m. in Fellowship Hall (For the quiet stretch exercise) Henrietta Chilton and Rachel Susen instructors. **We will be at Bicentennial Park, 220 NE Front Street, Milford, DE from May 3rd—October 27th.**
- ♦ Zumba Thursday at 5:30 p.m. - 6:30 p.m. for **\$3.00** a class (fast Pace exercise) La Tasha Gibbs, instructor
- ♦ Friday, April 1st have brunch with an attorney from Procino-Wells & Woodland, LLC for Estate Planning. Please be here no later than 10:15 a.m. Meeting starts at 10:30 a.m.

⇒ Review these sites to be prepared to ask your questions

Coffee & Counsel, Elder Law Series: Part One - <https://attendee.gotowebinar.com/recording/661783274085087760>

Coffee & Counsel, Elder Law Series: Part Two - <https://attendee.gotowebinar.com/recording/1646140850215671564>

Coffee & Counsel, Elder Law Series: Part Three - <https://attendee.gotowebinar.com/recording/164116823872630022>

- ♦ May 5th from 12 p.m.—5 p.m. we will be sponsoring a Blood Drive with the Blood Bank of Delaware. Here is the direct site to sign up https://donate.bbd.org/donor/schedules/drive_schedule/8055



BAYHEALTH NEEDS YOU!

Bayhealth is conducting a community health assessment survey to determine what services are needed locally.

Please copy and paste the following link, <https://www.surveymonkey.com/r/FPFLFB5> into your web browser and complete a short survey by **April 30, 2022**.

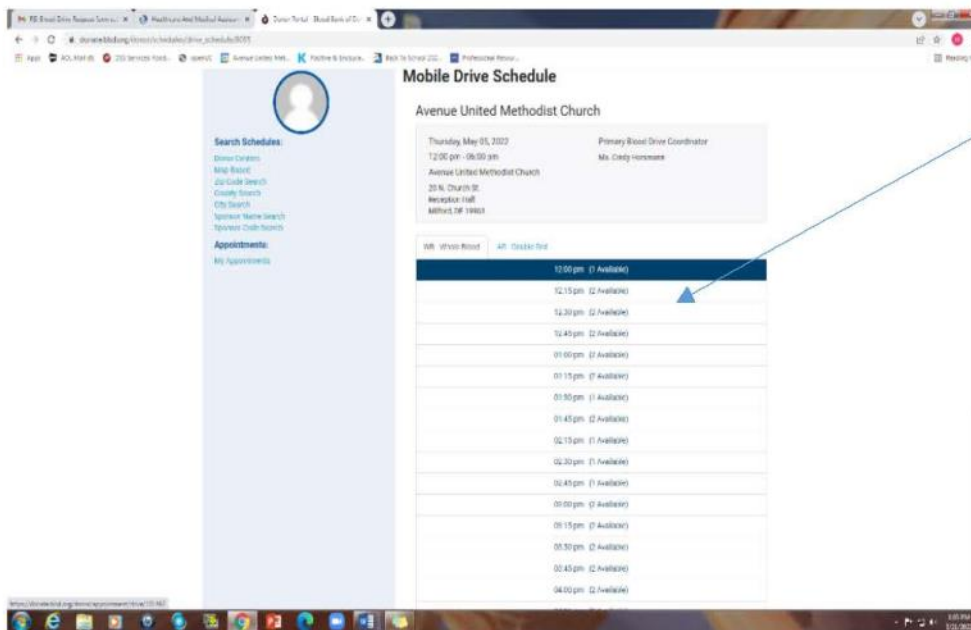
Once completed, Bayhealth will enter you into a drawing to win a \$100 gift card!!!

**Blood Bank Blood Donation
Avenue United Methodist Church
May 5, 2022 12-6 PM**

How Do I Sign Up?

Go to this web site

https://donate.bbd.org/donor/schedules/drive_schedule/8055



Mobile Drive Schedule
Avenue United Methodist Church

Thursday, May 05, 2022
12:00 pm - 04:00 pm
Primary Blood Drive Coordinator
Ms. Cindy Horsman
20 N. Church St.
Reception Hall
Method, TN 38001

12:00 pm (1 Available)
12:15 pm (2 Available)
12:30 pm (2 Available)
12:45 pm (2 Available)
01:00 pm (2 Available)
01:15 pm (2 Available)
01:30 pm (1 Available)
01:45 pm (2 Available)
02:00 pm (1 Available)
02:15 pm (1 Available)
02:30 pm (1 Available)
02:45 pm (1 Available)
03:00 pm (2 Available)
03:15 pm (2 Available)
03:30 pm (2 Available)
03:45 pm (2 Available)
04:00 pm (2 Available)

Select the time you want.

Fill out the information using your name and telephone number. Select confirm.

Now you are scheduled!!

You will receive an email confirming your appointment.

If you have any questions, please contact me, Cindy Horsman, RN Faith Community Nurse at 302-422-8111.

See you May 5th. Please bring your friends! We want to fill up all the slots!!

“Don’t forget to do good and to share what you have because God is pleased with these kinds of sacrifices.” ~ Hebrews 13:16



SAVE THE DATES

**EASTER CANDY
&
BAKE SALE**

PALM SUNDAY WEEKEND

April 8th & 10th

**Friday 9am—3pm
Sunday after both services**

**Presented by the Ladies of Avenue.
All proceeds to be used for missions
supported by the Avenue Methodist Women.**

**Our Church is blessed by all
the wonderful cooks that share
their talent and time to bless others.**

HOPE TO SEE YOU THERE!



Easter Flower Order Form

The Sanctuary is never prettier than it is when the spring flowers arrive for Easter. Placing Lilies and Tulips in the church in memory or honor of loved ones is a beautiful and cherished tradition.

This year we will again only be ordering 6" pots of Lilies and Tulips at \$8.00 each. All additional funds will go to the Parish Purse.

Sponsor's

Name _____

Memory

of _____

Honor

of _____

The cost of the Lilies and Tulips are \$8.00 each

Lily _____



Tulip _____



Please use a **separate order form**

For each name in memory of or honored

Please Print Clearly

Names of sponsors and those remembered and honored will be in the Easter Sunday Bulletin

Please make checks payable to Avenue United Methodist Church

Orders must be in no later than April 13th

SYMPATHY TO:

- The family and friends of Toni Diogo who passed away on March 26, 2022.
- The family and friends of Richard Morgan who passed away on March 27, 2022.

PLEASE KEEP IN YOUR PRAYERS:

- Those affected by the COVID-19 Pandemic.
- Our local, national and world leaders.
- Our District Superintendent (Rev. Joseph Archie), Bishop LaTrelle Easterling, and The United Methodist Church.
- Our Pastors, staff, and leadership of Avenue United Methodist Church.

PRAYER REQUEST:

Carol Badenoch
Brenda Beissel
Adam Berry
Dane Brittingham
Luisa & Billy Combs
Linda Contrill
Bill & Kristen Conway and family
Rick Crump
Charlie & Barbara Fleetwood
Bill Gaskill
Vayda Gaskill
Sam Hanna
Beverly Harrison
Jim
Jerry Jackson
David Johnson
Dean Johnson
Johnny
Chris K
Wayne Klaus
Courtney Laura
Jack & Zelda McDuff
Joanne McKay
Willow McKenzie
Brian McMullen
Patrick Murphy

Diane Parrilli
David and Judy Passwaters
Ron Payne
Millie Remick
Bill Smar
Sandy S.
Samuel Smith
Seth Spencer
Tom
Kathleen Tracy
Dianne Verkade
Joan Wadman
Dennis Yates