



The Midweek

Wednesday, May 4, 2022

More Than Sunday Morning

We are in the midst of a sermon series entitled, Called, where we have been looking at how the Holy Spirit moved in the apostles' lives and how the church was formed. Last week, we saw how the Holy Spirit worked through Ananias as he was called to pray for Saul, the persecutor of the early church.

When you read Acts, it is striking that it is common for the Holy Spirit to move outside of the worship setting. Transformation and discipleship are happening in the Upper Room, out in the street, at the temple gate, in many homes, on a desert road, in prisons, on a ship, and after a shipwreck. While the believers regularly gathered for fellowship, prayer, and considering the disciples teaching (Acts 2:42-47, 4:32-37), the transformative ministry seems to have taken place "out in the real world." Regular worship was necessary for the early church. More critical was how the early church lived out their faith in the world, serving as light in a dark world.

Avenue staff and leadership continue to pray and consider how we can be a church that makes worship a priority and serves Jesus in the community as a way of life. Being a disciple of Jesus is more than going to church on Sunday. We are called to live our lives "out in the wild" in a way that points people to Jesus. We are to care for the poor, visit the sick and imprisoned. We are to walk with people through grief and times of struggle. We are to be people of hope in a world that is quickly losing reasons to have hope.

Where is Jesus calling you to serve today? For whom is Jesus calling you to pray? To pray with? How can we grow together to where our faith is not centered on Sunday but lived out throughout the week? My prayer is that God would use the people of Avenue Church like God used the early apostles- sending us out to meet the world where they are and proclaim the message of hope, love, grace, and salvation.

Sow Much Love,

Pastor Steve

COMFORT AND CARE CARDS FOR MAY

In the Gospel of Matthew Jesus says, “Come to me, all you that are weary and carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.” (NRSV)

When we look at the ministry of caring for our shut-ins and those who are unable to live their life in Christ in a way they would like, Jesus is asking His disciples to fill in the gap. In this time of Pandemic, it has been challenging. So we are starting a “Care Card Ministry” here at Avenue United Methodist Church. We will be giving you the names and addresses of three members of our congregation for everyone to send a “Thinking of You” card. I also encourage you to write a personal note on the inside of the card.

The names will be in the bulletin and also in the Mid-Week. If you have any questions let me know.

Blessings,

*Dan Holt
Pastor of Congregational Care.*

Ed Burwick
c/o Delaware Veterans Home
100 Delaware Veterans Blvd.
Milford, DE 19963

Don Fisher
c/o Delaware Veterans Home
100 Delaware Veterans
Blvd.
Milford, DE 19963

Janet McGhee
(Cindy Horsman Mom)
c/o Polaris Health Care
20 W. Clarke Ave.
Milford, DE 19963

ANNOUNCEMENTS

WORSHIP ON SUNDAY: Worship is held each Sunday in-person or online at 9:00 a.m. (Traditional) and 10:30 a.m. (Contemporary). We are streaming the morning worship services on our Facebook (facebook.com/avenueumc) and Youtube (youtube.com/c/avenueunitedmethodistchurch) pages.

GIVING AT AVENUE is possible through multiple ways.

- You can give your offering in-person
- You can mail your gift to: 20 N. Church St. Milford, DE 19963
- You can give online through the red “give” button on our homepage
- You can download and use our “Avenue Church DE” App on your smart phone

PASTORAL CARE: If you or someone you know is in need of pastoral care, please call the church office at 422-8111 or by contacting Dan Holt, our *Pastor of Congregational Care*. You can email Pastor Dan directly at dholt@avenueumc.com.

GIVING STATEMENTS: Giving Statements for the first quarter of 2022 have been emailed to all those with email addresses. If you would like a printed copy of your statement for the first quarter please call Kelly at the church office.

COFFEE AND CONVERSATIONS: You can join the ministry team at Avenue Church on the 2nd Sunday of the month for *Coffee and Conversations* from 11:45 a.m.—12:30 p.m. in Fellowship Hall. While this time is especially geared to new attendees, this is a time to meet and interact with Avenue’s ministry team. No reservation is needed. We look forward to seeing you on **May 8th**.

2022 GRADUATES: If you have a family member that is graduating (high school/college) and would like them in the bulletin and midweek, please send an email to Kelly at churchoffice@avenueumc.com with their information (college/future plans) and a picture by **May 11th**. We will be listing the 2022 graduates on May 15th, May 18th, May 22nd and May 25th.

MEAL TRAIN AT AVENUE: Health Ministries is looking for folks in the Avenue family who like to cook and would like to prepare meals for those who are sick, who have had loved ones pass, or who have had new babies as a way to care for one another. If you would like to receive emails when we need meals, you can call (302) 422-8111 or send an email to healthministry@avenueumc.com.

MILFORD COMMUNITY PANTRY: The Milford Community Pantry thanks all of you who support our outreach. Feeding the families who come to us really is a group effort. **Our current needs are cereal and bar soap.** Hygiene items aren’t covered under food stamps so folks are so grateful to find they are included. Thanks for being a partner.

AUMC YARD SALE IS COMING (AUGUST 4th – 6th): Please begin to collect your donations this spring. A planning meeting is scheduled for **Tuesday, June 28th** in the Heritage Room at 6:30 p.m. Please consider volunteering. Contact for more information: Judy Struck - judystruck@comcast.net or Sandy Culotta - swculotta@gmail.com. Many hands make light work. Come join in the fun!!

MARK YOUR CALENDARS - VBS RETURNS JUNE 20th – 23rd: Vacation Bible School is set to return in June to Avenue Church. This year, we will be going “off-road” through colorful canyons and sunbaked trails to explore just how awesome God’s love is. Volunteer and participant registration will be coming in the next few weeks. Save the date and invite friends to participate!

VACATION BIBLE SCHOOL VOLUNTEERS NEEDED: We are forming our team for VBS, which will take place on **June 20th – June 23rd** in the evenings at Avenue Church. Our primary need right now is for **Crew Leaders**. Crew Leaders are key in helping to form faith in our children by interacting with 5-7 kids each night. You will lead them to their stations, engage them in the questions and activities, and ensure that they have a great time! We need around 10 crew leaders. If you would like to be one, contact Andrea LaMotte at lamotte.andrea@gmail.com.

NOW HIRING NURSERY ASSISTANT: The Avenue Nursery is back up and running with a great team providing excellent care. We are looking for one more Nursery Assistant who can work 2 weeks a month in the nursery. This is a paid position. If you are interested, please contact Pastor Steve at srlamotte@avenueumc.com.

ATTENTION LADIES OF AVENUE: On **Wednesday, May 11th** Esther Circle will be hosting a covered dish dinner for all Circle members or anyone wishing to join a Circle. We are meeting at the home of Bonnie Glenn, 2600 Canterbury Road, Milford, DE at 6:00 p.m. Please bring a covered dish to share. RSVP to Bonnie (422-9358) or Gerry (422-5009) by Monday May 9th. This evening is always a joyful time of delicious food and wonderful fellowship.

GROWTH GROUPS KNOW . . . GROW . . . GO

Growth groups are groups where we learn, grow, and do life together. They meet once a week and are a great way to get to know each other and be challenged to grow in our spiritual journey.

TUESDAYS

10:00 a.m. @ Church Sisters Bible Study. On **May 10th** we will continue our study “Words of Life” by Adam Hamilton.

SUNDAYS

10:15 a.m. @ Church Adult Sunday School led by John Van Tine. Studying the Bible together. Ongoing group. Our study for May is “The Spiritual Practice of Creation Care.” The lesson for May 8th lesson is “Faithful Stewardship” based on Deuteronomy 14:22-29.

Eat.
Watch.
Discuss.

Alpha

**Wednesdays @ Avenue
6:30 PM**

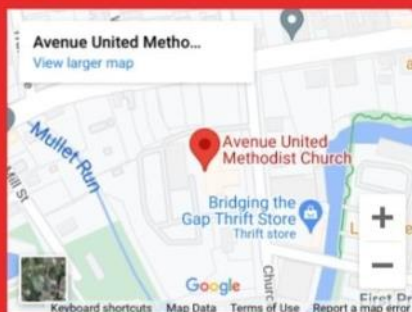
20 N. St. Milford, DE

Childcare available

A place to ask questions

**A light dinner provided.
Discussion Groups for all ages.**
(Adults, teens, and childcare)

Alpha @ AVENUE UMC



**Wednesdays @ Avenue
6:30 PM**

20 N. St. Milford, DE

Childcare available

Men's Health CHECKLIST

General Health

- ❑ **Annual wellness exam.** These visits focus on preventive care and may include vaccinations, screenings to check for diseases, and education and counseling to help you make informed health decisions. Your height, weight, and body mass index (BMI) will likely be checked at every wellness visit. Be sure to talk with your healthcare provider about your diet and physical activity levels. Additional tests and exams may be needed to manage any chronic illnesses you may have. Your healthcare provider may also check your testicles for lumps, a change in size, and tenderness. These could be signs of a problem.
- ❑ **Bone mineral density test.** Men 70 years old and older should have the test at least once. Men aged 50 to 69 who have risk factors or men who have broken a bone after age 50 should also have the test.

Colorectal Health

- ❑ **Colonoscopy.** Men at average risk for developing colorectal cancer should have a colonoscopy at age 50 and then every 10 years. Men with inflammatory bowel disease or a family history of colorectal cancer may need to start screening earlier than age 50 or have screenings more often.

Diabetes

- ❑ **Blood glucose test.** Screening usually starts at age 45 and is normally done every 3 years. Screenings may begin earlier or be done more frequently if you are at risk for diabetes (for example, being overweight or having high blood pressure and/or high cholesterol).

Eye, Ear, and Dental Health

- ❑ **Eyes.** At age 40, all adults with no signs or risk factors for eye disease should receive a baseline comprehensive eye evaluation. But see an ophthalmologist before age 40 if you have a preexisting eye disease, a family history of eye disease, or if you have a risk factor for developing one, such as high blood pressure or diabetes. Any man who has visual changes, injury, or other ocular symptoms should also see an ophthalmologist.
Men 65 and over with no risk factors should be examined every 1 to 2 years. This exam should include having your eyes checked for signs of cataracts, age-related macular degeneration, and glaucoma.
For all men, if an eye disease is detected, the frequency of eye exams will vary. Talk with your ophthalmologist about what your schedule should be.
- ❑ **Ears.** Talk with your healthcare provider about a hearing test if you are having any issues with your hearing.
- ❑ **Dental.** Men should have a dental exam and cleaning every 6 to 12 months unless recommended otherwise.

Heart Health

- ❑ **Blood pressure.** Men should have their blood pressure checked once every 2 years beginning at age 20. If your blood pressure is higher than normal (120/80), your healthcare provider may check it more often.
- ❑ **Cholesterol.** Most men should have their cholesterol checked every 4 to 6 years beginning at age 20. If your healthcare provider thinks you may have an increased risk of heart disease or stroke, he or she may check it more often.
- ❑ **Abdominal aortic aneurysm.** A one-time screening is recommended for men 65 to 75 years of age with a history of smoking.

Immunizations

- ❑ Adults need to get shots (vaccinations), too. Ask your healthcare provider if you are up to date with your vaccines.
- ❑ Men 50 years of age and older should get vaccinated to prevent shingles.
- ❑ Men over 65 should be vaccinated against pneumonia.
- ❑ Men 21 and younger should be vaccinated against the human papillomavirus virus (HPV). Men 26 years old and younger who have or intend to have sex with other men, are transgender, or who have HIV should also be vaccinated.

Mental & Emotional Health

- ❑ Talk with your healthcare provider if you feel sad, down, or hopeless.

Prostate Health

- ❑ Men 50 years of age and older should talk about screening for prostate cancer with their healthcare provider. African-American men and men who have a family history of prostate cancer should discuss screening at age 45.

Sexual Health

- ❑ Sexually transmitted infections:
 - HIV tests.** All men between the ages of 15 and 65 should be screened at least once. Talk with your healthcare provider about how often you should be tested after the initial screening.
 - Syphilis, chlamydia, and gonorrhea.** Screening at least once a year is recommended for all sexually active gay, bisexual, and men who have sex with men (MSM). MSM who have multiple or anonymous partners should be screened more frequently (at 3- to 6-month intervals) for STDs.
- ❑ Additional points to discuss:
 - Sexual problems.** Talk with your healthcare provider about any issues you may have with erectile dysfunction, less or no interest in sex, or problems with ejaculation.
 - Infertility.** If you think you may be infertile, talk with your healthcare provider. Fertility tests and treatments that may help are available.

Skin Health

- ❑ Talk with your healthcare provider if you notice any skin changes or unusual moles, or if you have a family history of skin cancer.
- ❑ Protect your skin from the sun's ultraviolet rays by putting on sunscreen and wearing sunglasses, a hat, and long-sleeved clothing.

These screening guidelines are not comprehensive for all men. Talk to your healthcare provider to determine a prevention plan tailored to your individual health needs.

Blood Bank Blood Donation
Avenue United Methodist Church
May 5, 2022 12-6 PM

We have 8 slots left for the afternoon. Please sign up and help save a life!!

How Do I Sign Up?

Go to this web site

https://donate.bbd.org/donor/schedules/drive_schedule/8055

Mobile Drive Schedule
Avenue United Methodist Church

Thursday, May 05, 2022
12:00 pm - 06:00 pm
Avenue United Methodist Church
25 N. Church St.
Rexington Hall
Method, OH 44063

Primary Blood Drive Coordinator
Mrs. Cindy Horsman

Time	Availability
12:00 pm	(1) Available
12:15 pm	(2) Available
12:30 pm	(2) Available
12:45 pm	(2) Available
01:00 pm	(7) Available
01:15 pm	(7) Available
01:30 pm	(1) Available
01:45 pm	(2) Available
02:15 pm	(1) Available
02:30 pm	(1) Available
02:45 pm	(1) Available
03:00 pm	(2) Available
03:15 pm	(2) Available
03:30 pm	(2) Available
03:45 pm	(2) Available
04:00 pm	(2) Available

Select the time you want.

Fill out the information using your name and telephone number. Select confirm.

Now you are scheduled!!

You will receive an email confirming your appointment.

If you have any questions, please contact me, Cindy Horsman, RN Faith Community Nurse at 302-422-8111.

See you May 5th. Please bring your friends! We want to fill up all the slots!!

“Don’t forget to do good and to share what you have because God is pleased with these kinds of sacrifices.”

Hebrews 13:16

ANNIVERSARY GREETING TO:

- **Bob & Joanne McKay** who will celebrate their **52nd** anniversary on **May 16th**.

CONGRATULATION TO:

- **Scott Webb and Johannah Williamson** on their marriage on April 23, 2022 in Lewes, Delaware.
- **Shannon and Zeph Geyer** on the birth of their son, Andy Collins Geyer on April 18, 2022.
- **Zachary and Kayla Cacicia** on the birth of their daughter, Madison Amelia Cacicia on May 3, 2022.

SYMPATHY TO:

- The family and friends of Brenda Beissel who passed away on April 22, 2022. Brenda joined Avenue on April 11, 1976.
- The family and friends of Charlie Fleetwood who passed away on May 2, 2022. Charlie joined Avenue on February 25, 2001.

PLEASE KEEP IN YOUR PRAYERS:

- Those affected by the COVID-19 Pandemic.
- Our local, national and world leaders.
- Our District Superintendent (Rev. Joseph Archie), Bishop LaTrelle Easterling, and The United Methodist Church.
- Our Pastors, staff, and leadership of Avenue United Methodist Church.
- Pray for peace in Ukraine and other areas of conflict around the world.

PRAYER REQUEST:

Carol Badenoch
Dane Brittingham
D. Brown
Linda Contrill
Rick Crump
Barbara Fleetwood
Bill Gaskill
Vayda Gaskill
Tom Glenn
Twin Granddaughters
Ben H.
Beverly Harrison
Jim
Jerry Jackson
David Johnson
Dean Johnson
Johnny
Chris K
Wayne Klaus
Courtney Laura
Jack & Zelda McDuff

Joanne McKay
Willow McKenzie
Brian McMullen
Patrick Murphy
Diane Parrilli
David and Judy Passwaters
Ron Payne
Trish R.
Millie Remick
George Reph Jr.
Nick Riggie
Ron Semmont
Bill Smar
Sandy S.
Samuel Smith
Seth Spencer
Tom
Kathleen Tracy
Dianne Verkade
Joan Wadman
Kathryn Webb

Arnold Williams
Dennis Yates
Jon Zaimes

CALENDAR

SUNDAY 5/8 ~ Mother's Day

- 9:00 a.m. Traditional Worship
- 10:15 a.m. Adult Sunday School Class, Grier Room
- 10:30 a.m. Contemporary Worship
- 10:30 a.m. Sunday School
- 11:45 a.m. Meet the Staff, Fellowship Hall
- 7:00 p.m. Haitian Church, Century Club

MONDAY 5/9

- 11:00 a.m. AA, Century Club
- 6:00 p.m. Handbell Choir, Music Room
- 7:00 p.m. 1st State Harmonizers, Fellowship Hall
- 7:00 p.m. Boy Scouts, Wesley Room

TUESDAY 5/10

- 10:00 a.m. Sisters' Bible Study, Grier Room
- 6:00 p.m. Health Ministry Meeting, Carpenter Room
- 7:00 p.m. Central Delaware Chess Club, Grier Room

WEDNESDAY 5/11

- 3:00 p.m. Sanctuary Choir, Music Room
- 4:30 p.m. Praise Team Practice, Sanctuary
- 6:00 p.m. Sanctuary Choir, Music Room
- 6:30 p.m. Tigers Den, Room 207

THURSDAY 5/12

- 11:00 a.m. AA, Century Club

FRIDAY 5/13

- 7:00 p.m. AA, Century Club

SATURDAY 5/14

- 9:00 a.m. Haitian Church, Century Club
- 7:00 p.m. AA, Century Club

SUNDAY 5/15 ~ Scholarship Sunday

- 9:00 a.m. Traditional Worship
- 10:15 a.m. Adult Sunday School Class, Grier Room
- 10:30 a.m. Contemporary Worship
- 10:30 a.m. Sunday School
- 6:00 p.m. FUSION, Fellowship Hall and Wesley Room
- 7:00 p.m. Haitian Church, Century Club